

# University of Family Learning (UFL)

## Course Catalog

2017-2018

The **University of Family Learning (UFL)** is an opportunity for adult family members of current and future CCSD students to access valuable educational, networking, and parent leadership information and opportunities that will increase both family and student success. We invite family and community members to participate in a variety of courses and workshops that support the Superintendent's *Pledge of Achievement* goals. Every UFL course or workshop offers credit for hours of participation. Parents who meet the yearly goal are recognized at an end-of-year "Ceremony of Achievement".

Contact your **Family/School Liaison (FSL)** or **Family Outreach Specialist (FOS)** for more information and to host a class at your site.

FSL or FOS:

Phone:

Email:

**Focus Areas:** (Please click on the area below to be directed to that section of the catalog.)

- [Parents as Teaching Partners](#)
- [Navigating the School System](#)
- [Parent Leadership](#)
- [Family Wellness & Development](#)



## Catalog Symbols:

	<p><b>“Pat’s Picks”</b> - Look for this symbol to see courses recommended by Superintendent Pat Skorkowsky.</p>
	<p><b>Mini-Workshop Available</b> – Look for this symbol to see courses available in a 30-minute format. The 30-minute version presents a small glimpse of the full version. (Ideal for SOT Meetings, PTA/PTO Meetings, Academic Night Stations/Rotations, etc.)</p>
	<p><b>Suggested for After School/Evening</b> – While most of our classes can be held after school hours, those with this symbol are ideal for the after school setting as they present activities where adults and children learn together.</p>
	<p><b>Online Course</b> – An abbreviated video version of our in-person workshop is available online. This online format allows a facilitator/staff member to pause and facilitate an interactive discussion.</p>
	<p><b>New Course</b> – This course is a new addition to our course catalog.</p>
	<p><b>Updated Course</b> – This course is an updated version of an existing course.</p>

# Parents as Teaching Partners

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
327	<b>Data and DESMOS: The Perfect Ordered Pair</b>  <i>Offered bilingually or available in English/Spanish separately, as requested</i>	CCSD ELL	Data fluency is a must-have skill set in today's digital workplace. Success starts with knowing how to find the meaning in every dataset. Explore math with DESMOS, a free digital app!	Families with students in grades 9-12	1 hour session
326	<b>Dare to Dive Into Data</b>  <i>Offered bilingually or available in English/Spanish separately, as requested</i>	CCSD ELL	Dive into activities that provide opportunities to collect, organize, represent, and interpret data. Take a closer look at surprising results in real-world applications, by collecting and graphing data sets.	Families with students in grades 3-8	1 hour session
329	<b>Drop. Stop. Don't Pop! Launching into Design and the Scientific Process</b>  <i>Offered bilingually or available in English/Spanish separately, as requested</i>	CCSD ELL	Inspire future scientists and engineers! Families will work as an engineering team to build an amusement park ride with inexpensive materials. Using a grading rubric, parents will learn how to guide their children in creating a science and engineering board with success.	Families with students in grades 3-8 (Adults and children may attend class together)	1.5 hour session 
514	<b>Help Support Your Child to Focus on Learning</b>	NV PEP	Do you find that homework and other tasks can be challenging for your child to complete? Learn about the difficulties children have with focusing, their different learning styles, and strategies that can help you help your child focus better. <i>(This training is geared toward families of youth with children with all disabilities. Nonetheless, the material is accessible to all parents and students interested in learning about supporting their children in literacy.)</i>	Families with students in grades K-12	1.5 - 2 hour session
318	<b>Language Development at Home and at School</b>  <i>Offered bilingually or available in English/Spanish separately, as requested</i>	CCSD ELL	This session will provide parents and caregivers an understanding of how students are identified as an English Language Learner based on their language development levels. They will discover the difference between social and academic language. Parents will also learn ways to promote academic conversations in everyday interactions.	Families with students in grades PK-12	1 hour session
105M	<b>Preparing Your Child for Standardized Testing in Middle School</b>	CCSD FACES	Testing is required in all CCSD schools for two main purposes. One is to find out how well an individual student is learning in the classroom. The other purpose is to find out how well the school is meeting local and national benchmarks for student achievement. Assessment examples and ways parents can help relieve test anxiety, stress, and pressure will be presented.	Families with students in grades 6-8	1.5 hour session

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
310 	<b>Reading Hints for Early Teens &amp; Tweens</b>  <i>Offered bilingually or available in English/Spanish separately, as requested</i>	CCSD ELL	This session will provide parents and caregivers an understanding of literacy and strategies to build academic language at home. Parents will also learn ways to motivate their children to read and enjoy informational text and literature.	Families with students in grades 6-8	1 hour session
316 	<b>S.T.E.M. Engineering Adventures</b> <b>Science, Technology, Engineering &amp; Math</b>  <i>Offered bilingually or available in English/Spanish separately, as requested</i>	CCSD ELL	This course is designed to spark interest in Math, Science, and Engineering practices. Parents will experience engineering challenges such as building a water tower, a parking garage, and a house, using inexpensive materials. Parents will receive materials to engage their family in similar challenges at home.	Families with students in grades PK-8	1.5 hour session 
302	<b>Textbook Detective</b>  <i>Offered bilingually or available in English/Spanish separately, as requested</i>	CCSD ELL	A textbook is a powerful tool in increasing comprehension of material in content areas. This course offers strategies to help your child navigate a textbook/eTextbook effectively.	Families with students in grades 6-12	1 hour session

# Navigating the School System

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
102 	<b>"Can We Talk?" Effective Home-School Communication</b>  <i>Available in ONLINE FORMAT <a href="#">here!</a></i> 	CCSD FACES	It used to be that parents and teachers had set days and times for parent-teacher conferences, and communication outside the conference was rare. Thanks to email, school websites and social networking sites, parents and teachers can communicate with each other more easily and frequently. Despite that, some parents are still reluctant to contact their child's teacher. Don't be! This workshop will teach you how to create an authentic partnership with your child's school and teachers every year. Additionally, the session will present the steps to take if there is a breakdown in communication in the Clark County School District.	Families with students in grades PK-12	1 hour session
103MH 	<b>Attendance Matters: Helping Your Child Succeed in School (Secondary)</b>  <i>Recommended for ELL Cohort A Schools.</i>  <i>Available in ONLINE FORMAT <a href="#">here!</a></i> 	CCSD FACES	Good attendance isn't just about school policies; it is an important part of school success. There is a strong link between regular, consistent attendance and student achievement. Absenteeism is a red alert that students will drop out of high school. Come and learn what attendance includes, why it's important and how to develop family routines.	Families with children in grades 6-12	1 hour session
512	<b>Considering College? Learn What's Available and How To Get It</b>	Nevada PEP	Have a student who is thinking about going to college? This workshop will guide you where to go, what to ask, and how to apply to help you support your student as they get ready for the next chapter as a college student. Parents and students are encouraged to attend this workshop together.	Families with students in grades 9-12 (Adults and students are encouraged to attend class together)	1.5 hour session
321 	<b>Get College Ready vs. College Eligible</b>	CCSD EDE	Attendees will learn what it means to be "college-ready" and where high school students currently stand on that score. The presentation will provide information/resources regarding the sets of knowledge and skills needed for college access.	Families with students in grades 9-12 (Adults and students may attend class together)	1 – 1.5 hour session

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
536	<b>How To Pay for College</b>	UNLV/CAEO TRIO EOC Program	Individuals will learn of the various types of Federal Student Aid, which provide students financial assistance in the forms of grants, loans, and work-study. We will discuss subsidized and unsubsidized loans and review the FAFSA (Free Application for Federal Student Aid).	Adult family members of CCSD students and High School Seniors	45 minute session
104  	<b>Infinite Campus Parent Portal Workshop</b>  <i>Available in ONLINE FORMAT <a href="#">here!</a></i> 	CCSD FACES	The Clark County School District has created a web-based system to help you more effectively monitor the progress of your child. This system provides detailed, real-time information, including: demographics, schedules, assignments, assessment scores, calendar, grades, attendance, graduation progress, academic planner, to do lists, reports, and district and school notices. <i>(Preferred setting: Computer Lab)</i>	Families with students in grades PK - 12	30-45 minute session (Allow for additional time if parents will have hands-on experience.)
304 	<b>Insight into Graduation Requirements</b>  <i>ONLINE FORMAT coming soon!</i>	CCSD Guidance & Counseling	This course guides parents through the graduation requirements in CCSD. We will cover Infinite Campus, the CCSD transcript, Graduation Programs, diploma types, and additional testing and course requirements. All parents of high school students and those entering high school are welcome to attend and will leave with the knowledge that will assist them in helping their child graduate from high school.	Families with students in grades 6 - 12	1.5 hour session
328	<b>Is Your Child Future Ready?: Exploring Magnet, Select, and Career &amp; Technical Schools</b>	CCSD Magnet Schools and Career & Technical Academies	Parents will learn about the many choice options in CCSD that include magnet programs, Select Schools, and Career and Technical Education opportunities. By participating in one of these programs, students can get a jump start on their future and be college and career ready.	Families with students in grades PK – 12 (Adults and students may attend class together)	30 minute – 1 hour session
113 	<b>No More Paper! The Flipped &amp; Blended Classrooms</b>	CCSD FACES	While technology has been changing classrooms for years, educators say it is growing and altering the way students learn. Across the nation, elementary, middle and high school students are using everything from desktops, laptops, tablets, and smartphones to log on and link together with their classmates and teachers. This course will inform parents of some new ways educators teach without paper and textbooks. We encourage participants to bring a device such as a smart phone or tablet, if possible, for hands-on learning.	Families of students in grades 3-8	1 hour session

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319 	<b>Our Journey Together: Success for all Students</b>  <i>Recommended for ELL Cohort B Schools</i>  <i>Offered bilingually or available in English/Spanish separately, as requested</i>	CCSD ELL	The Clark County School District Master Plan for English Language Learner Success was created to ensure all students achieve. Come to this session to learn how the ELL Master Plan was built to ensure that students graduate college and career ready.	Families of students classified as English Language Learners	1 hour session
534	<b>Planning for Change: School to Adult Transition</b>	Nevada PEP	This class will provide information on the areas relating to transition (ages 14-22), including post-secondary. Both students and parents are invited to learn how to prepare for the IEP and take an active role at the IEP meeting.	Families with students in grades 6-12 receiving Special Education services (Adults and students are encouraged to attend class together)	1.5 hour session
307	<b>Preparing your Child for College and a Future Career</b>	CCSD Guidance & Counseling	This course provides an overview of career exploration, necessary components of success in high school, the NV labor market, and focuses on the key components and time lines required to successfully be admitted to a college including course selection, extracurricular participation, college entrance exams, college search and best fit, college applications, and funding college. There will be an emphasis on the link between college completion and career choice. Parents of all students (as well as high school students) are encouraged to attend and will leave with the ability to better prepare their children for college and a future career.	Families with students in grades 6-12	1.5 hour session
535	<b>Tips to Help Adult Learners Go Back to School</b>	UNLV/CAEO TRIO EOC Program	Individuals will become familiar with timelines, deadlines, resources, going full-time or part-time, advantages & disadvantages of taking online & classroom classes, and learning styles.	Adult family members of CCSD students and High School Seniors	45 minute session
119	<b>Transitions in Education: Thriving in Middle School</b>	CCSD FACES	Middle school children may be experiencing many changes during these years both academically and personally. They may be starting more strenuous course work while also forming more social connections. Many children in this age group experience growth spurts as they move into adolescence. This workshop will provide ideas to help support your child's personal and academic development.	Families with students in grades 6-8	1 hour session

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117	<b>Transitions in Education: Preparing for High School</b>	CCSD FACES	The transition to high school can be overwhelming. This workshop will provide you with information and resources to support your child's academic progress. Learn about the various high school options within the District and the multiple course offerings that are available to CCSD students.	Families with students in grades 8-9	1 hour session
508	<b>Understanding Individualized Education Plans (IEP)</b>	Nevada PEP	Parents are key members of their child's IEP team. This workshop includes an in-depth look at the Individualized Education Plan (IEP), including how to use evaluations to write measurable goals, as well as strategies to help parents be more active in their child's IEP meetings.	Families of students receiving Special Education services	1.5- 2 hour session
330	<b>Unity in Diversity: A Newcomer Framework</b>  <i>Recommended for ELL Cohort A Schools</i>  <i>Offered bilingually or available in English/Spanish separately, as requested</i>	CCSD ELL	Gain an understanding of the supports available for English Language Learner students new to the United States and the Clark County school system. <i>Unity in Diversity: A Newcomer Framework</i> will assist you and your child in making a smooth transition into the school community. Equip yourself with the knowledge and expertise necessary to navigate these new experiences.	Families of students in the U.S. less than 3 years	1 hour session
331	<b>Unity in Diversity: A Long-Term English Language Learner Framework</b>  <i>Recommended for ELL Cohort A Schools</i>  <i>Offered bilingually or available in English/Spanish separately, as requested</i>	CCSD ELL	Ensure student success in a world where change is constant and learning never stops. <i>Unity in Diversity: A Long-Term English Language Learner Framework</i> shares supports that help accelerate the achievement of academic language for long-term English language learners. Equip yourself with the expertise to help your child succeed in the increasingly complex school and work environments.	Families of students in grades 3-12 who are English Language Learners	1 hour session

# Parent Leadership

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
301 	<b>Anti-Bullying Tips for Parents &amp; Families</b>	CCSD Equity & Diversity Education	This workshop is designed to support community members with gaining knowledge on building a safe, secure, and respectful learning environment for all students. The school district strives to address bullying and cyberbullying so that there is no disruption of the learning environment and learning process.	Families with students in grades PreK-12	1.5 hour session
322	<b>Bicycle and Pedestrian Safety Clinic – Train the Trainer Workshop</b>	CCSD Safe Routes to School	The Train the Trainer Workshop teaches participants how to organize and hold successful bike rodeos for students at their school or other location. Bike rodeos teach students fundamental bicycle handling skills in a structured format. Workshop participants learn how to plan and organize a tailored bike rodeo; select and set-up stations; enlist volunteers and sponsors; time management strategies and more!	Families with students in grades PreK-8; Parent Groups	1.5 hour session
502	<b>Bullies, Targets &amp; Bystanders: Responses That Work</b>	Nevada PEP	Join us as we discuss the dynamics of bullying, including what bullying is, types of bullying, who is bullied, and why children are bullied. Other topics include steps to intervene in bullying behavior, how to encourage students who witness bullying to take action, the role of the school, and laws and policies. Don't miss this valuable training to learn about the steps parents can take to stop bullying.	Adult family members of CCSD students	1.5– 2 hour session
323	<b>Organizing a Walking School Bus or Bike Train at Your School</b>	CCSD Safe Routes to School	Walking school buses combine safety and fun with the walk to school. A walking school bus is a group of children walking to school with one or more adults. This course will outline the benefits of starting a walking school bus (including improved attendance rates) and deciding if a walking school bus is the right fit. Examples of successful walking school buses in CCSD will be presented.	Families with students in grades PK-8	1 hour session
126 	<b>Parent Organizations: The Choice is Yours</b> <i>School Administration must be present at workshop</i>	CCSD FACES	It doesn't take much time to get a parent-teacher organization started. Find just one parent in your school/community to take the lead, and before you know it, there will be a group of dedicated parents doing what parent teacher organizations do best: providing resources and programs to all families, students, teachers, and school staff. In six steps you can create the organization that works best for your community. FACES has prepared sample materials and gathered resources to guide you as you and your team build the foundation of engaged and committed parent leaders.	Families with students in grades PK-12; Parent Groups	1 hour session
128 	<b>Raising a Digital Leader</b>	CCSD FACES	This workshop provides information on how to keep children safe while using the internet. Learn how to be a positive Digital Leader, set boundaries and rules, and how to avoid common internet scams. Families will also review CCSD's internet usage rules and regulations.	Families with students in grades PK-12	1 hour session

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\*Unless otherwise stated, all courses may be delivered simultaneously in Spanish through the use of translation equipment. Contact your FSL or the UFL Campus for further information.

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
506	Safe and Secure Online	NV Energy	This course is designed to provide participants with cybersecurity education and awareness training in order to secure their online lives. Participants will learn how to look for signs of technology based problem and threats, and how to protect themselves and their children from online predators. The instructor will use research-based information to assist family members to become responsible digital citizens.	Adult family members of CCSD students	2 hour session
533	The Dark Side of Social Media	Las Vegas Metro Police Dept.	What every parent needs to know about the negative impact social media can have on their children and how they can protect them.	Adult family members of CCSD students <i>(Students ages 14 and older are allowed to attend with their parents)</i>	1.5 hour session

## Family Wellness & Development

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
325	<b>Active and Healthy Families: Special Events and Programs to Boost Physical Activity</b>	CCSD Safe Routes to School	The Safe Routes to School (SRTS) program facilitates several events each school year to encourage students and parents to be physically active. In addition to highlighting these events and programs, the course will cover the relationship between physical activity and academic achievement; and how parents can take a leadership role in planning and organizing a special event at their child's school.	Families with students in grades PK-8	1 hour session
501	<b>Budgeting 101</b>	Financial Guidance Center	Is your money getting away from you? Where is it going? This class offers ideas and suggestions relative to planning and building for a brighter financial future through the basics of and how-to of creating a workable sustainable budget.	Adult family members of CCSD students	1 hour session
503	<b>Credit for Today</b>	Financial Guidance Center	Building and maintaining favorable credit will allow you to achieve a better lifestyle. Learn how to define and manage your credit as a consumer, what makes up a credit score, which items affect credit history, and the effects of collection accounts and debt. Topics will include credit reporting, credit histories, credit worthiness, communication with creditors, bankruptcy, advantages and disadvantages of credit, credit abuse and recognizing scams.	Adult family members of CCSD students	1 hour session
504	<b>Deals on Wheels: How to Buy a Car You Can Afford to Own</b>	Financial Guidance Center	What can you afford to buy? What are the most economical methods of financing, leasing, insuring and maintaining a car?	CCSD High School Students and Adult family members of CCSD students	1 hour session
201	<b>English as a Second Language (ESL) for Adults</b>  <i>Ongoing at FACES Family Engagement Centers</i>  <i>(A one-time promotional workshop is available at any location.)</i>	CCSD FACES and CSN (Course 201C)	This course introduces adults to basic structures and vocabulary of the English language through the skills of reading, writing, speaking, and listening. Students learn strategies in order to advance their reading, listening, and pronunciation skills. This workshop changes each session and varies at each FACES Family Engagement Center.	Adult family members of CCSD students	Varies by location
406	<b>Expanded Food and Nutrition Education Program (EFNEP)</b>	UNCE	Join the Expanded Food and Nutrition Education Program (EFNEP)/Eating Smart and Being Active classes and learn how to save money and eat smart! Our eight-lesson class series will teach you to <ul style="list-style-type: none"> <li>• Save money and plan tasty, healthy meals for your family</li> <li>• Prepare new recipes and eat more meals at home</li> <li>• New ways to enjoy fruits and vegetables</li> <li>• Control portion sizes</li> <li>• Prepare and store food safely and prevent waste</li> <li>• Prepare nutritious and delicious recipes</li> <li>• Be more physically active with your children</li> </ul>	Adult family members of CCSD students	8 weekly 1.5 hour sessions

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511	<b>Financial Guidance Center Overview of Programs &amp; Services</b>	Financial Guidance Center	Do you feel like there's more month than money? Do you have credit issues or are you trying to build your credit? Are you thinking about home ownership? Want to get a certificate or college degree or own a small business? Learn about programs, services and resources that will help you meet your financial goals!	Adult family members of CCSD students	60 minute session
 537	<b>Helping Children with Loss</b>	Adam's Place	One in five children in the USA will experience the death of a loved one before they reach the age of 18. Children grieve differently than adults, and parents are often at a loss of determining what is normal and how they themselves can help, their family navigate this process. In three sessions, learn how children process loss and death, and tools you can give your child for dealing with loss and grief, and learn self-care for yourself so you can better help your family and child readjust to the loss.	Adult family members of CCSD students	3 weekly 1.5 hour sessions
 538	<b>Identifying Depression, Anxiety, and Trauma in Children and Adolescents</b>	Family and Child Treatment of Southern Nevada	This course will provide information regarding signs and indicators of depression, anxiety, and trauma specifically in children and adolescents, as well as suggestions for parents on how to respond to and help their children struggling with depression, anxiety, and/or trauma.	Adult family members of CCSD students	1.5 hour session
531	<b>Immigration 101</b>	U.S. Citizenship and Immigration Services	This workshop provides information about family-based immigration as well as basics about how the United States immigration system works.	Adult family members of CCSD students	1-2 hour session
509	<b>It's Not Just Jenna: Abuse Prevention</b>	Rape Crisis Center	<p>"It's Not Just Jenna" presents the story of Jenna, a young woman who was sexually abused by a family friend. The story follows how her family discovered the abuse, and came together to get help for Jenna. The story of this family's healing helps parents understand how to prevent and address sexual abuse in an empowering way. Attendees will</p> <ul style="list-style-type: none"> <li>• Learn strategies for sexual abuse prevention</li> <li>• Recognize the signs that an adult may present a risk to children</li> <li>• Recognize the signs that a child may be experiencing abuse</li> <li>• Understand the steps for responding to a child who discloses abuse</li> </ul>	Adult family members of CCSD students	1 hour session
532	<b>Naturalization 101</b>	U.S. Citizenship and Immigration Services	This workshop provides information on the process of becoming a U.S. citizen for those who currently have permanent residency status.	Adult family members of CCSD students	1-2 hour session

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516	<b>Parenting the Positive Discipline Way</b>	Illuminations Counseling	This class is group-focused on building an understanding between the parent and the child. Parents learn skills to use with their child for assisting their child to discover how capable they are.	Families with students in grades PK-12 (Adults and children may attend class together)	3 weekly 1.5 hour sessions
507	<b>Scams, Rip-Offs and Unwise Decisions</b>	Financial Guidance Center	This workshop will define a scam, identify rip-offs and unwise decisions, and review the billions of dollars lost by consumers. Participants will learn why schemes don't work and will be provided with information for filing complaints. We will discuss scams such as charity solicitations, fraud through mail. Credit repair, travel scams, work at home, pyramid sales, grocery delivery services, and predatory lending. The workshop cautions consumers of the many tricksters whose attractive schemes and offers could prove to be costly.	CCSD High School Students and Adult family members of CCSD students	1 hour session
415 	<b>Staying Connected with Your Teen</b>  <i>Available separately in Spanish Course 415S Permanezca Conectado con su Adolescente</i>	Clark County DFS Parenting Project	Staying Connected with Your Teen is a six-session program where parents and youth, ages 11 to 17, learn to work cooperatively to improve their relationship, communicate more effectively and develop mutual trust and respect. Parents and youth participate in problem-solving, conflict resolution and asset-building activities designed to promote a nurturing and supportive family environment.	Families with students in grades 6-12 (Adults and students attend the class together)	6 weekly 2 -2.5 hour sessions
324	<b>Street Smarts: Encouraging Safe Walking and Bicycling to and from School</b>	CCSD Safe Route to School	Walking and bicycling to and from school provides many benefits to students. Learn about those benefits and the following: teaching children to walk and bicycle safely to and from school, the importance of being a role model, and an overview of a parent led walking school bus or bicycle train program.	Families with students in grades PK-8; Parent Groups	1 hour session
412	<b>Teen Triple P: Teen Positive Learning Program</b>	Clark County DFS Parenting Project	In the Teen Triple P course, parents and caregivers learn new parenting skills and improve existing skills to support the development of their teenager. This eight-session program provides parents with strategies to increase desirable teen behaviors and manage problem behaviors in a constructive and caring manner to reduce conflict and minimize risk behavior.	Families with children ages 13-17 <i>(Adults ONLY)</i>	8 weekly 2 hour session

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521	<b>The Climb: Never Give Up</b>	Never Give Up Foundation	<p>This 5-hour course offers best practices for engaging family members in meaningful interactions with the goal of creating common ground and appropriate communication within the family unit. Instructors present situations based upon real life situations along a theme where detachment from one another can pose long-term challenges. Guided discussions and breakout groups will work through ways to keep lines of communication open within the family.</p> <ul style="list-style-type: none"> <li>• Week 1: Purpose</li> <li>• Week 2: Setting the Tone</li> <li>• Week 3: Emotional Resiliency</li> <li>• Week 4: Celebrating the Wins</li> <li>• Week 5: Letting Go</li> </ul>	Families with students in grades PK-12	5 weekly 1 hour sessions <i>(not necessary to attend all sessions)</i>

## Explanation of Terms

CCSD	Clark County School District
CSN	College of Southern Nevada
DFS	Department of Family Services
EDE	Equity & Diversity Education Department
ELL	English Language Learner Division
FACES	Family And Community Engagement Services
IDPL	Instructional Design & Professional Learning
NICRP	Nevada Institute for Children's Research and Policy
SNRPDP	Southern Nevada Regional Professional Development Program
SRTS	Safe Routes to School
UNCE	University of Nevada Cooperative Extension
UNLV	University of Nevada, Las Vegas
Vegas PBS	Vegas Public Broadcasting System