

University of Family Learning (UFL) Course Catalog 2018-2019

The **University of Family Learning (UFL)** is an opportunity for adult family members of current and future CCSD students to access valuable educational, networking, and parent leadership information and opportunities that will increase both family and student success. We invite family and community members to participate in a variety of courses and workshops that support student and family success. Every UFL course or workshop offers credit for hours of participation. Participants who meet the yearly goal of fifty (50) credit hours are recognized at an end-of-year "Ceremony of Achievement".

Contact your **Family/School Liaison (FSL)** or **Family Outreach Specialist (FOS)** for more information and to host a class at your site.

FSL or FOS:

Phone:

Email:

Focus Areas: (Please click on the area below to be directed to that section of the catalog.)

- [Parents as Teaching Partners](#)
- [Navigating the School System](#)
- [Parent Leadership](#)
- [Family Wellness & Development](#)



Catalog Symbols:

	<p>“FACES Favets” - Look for this symbol to see courses recommended by our FACES Staff.</p>
	<p>Mini-Workshop Available – Look for this symbol to see courses available in a 30-minute format. The 30-minute version presents a small glimpse of the full version. (Ideal for SOT Meetings, PTA/PTO Meetings, Coffee with the Counselor, Park & Learn, Pastries with the Principal, etc.)</p>
	<p>Suggested for After School/Evening – In addition to school hours, classes with this symbol lend themselves to an after-school setting as they present activities where adults and children could learn together.</p>
	<p>Online Course – An abbreviated video version of our in-person workshop is available online. This online format allows a facilitator/staff member to pause and facilitate an interactive discussion.</p>
	<p>New Course – This course is a new addition to our course catalog.</p>
	<p>Updated Course – This course is an updated version of an existing course.</p>
	<p>YouTube Preview Available – Click here or scan this QR Code to access our YouTube Channel to view 1-minute previews.</p> 

Parents as Teaching Partners

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
107  	100 Ways to Raise a Reader <i>This workshop has been internationally recognized!</i>	CCSD FACES	For too many kids in this country, reading is a negative word. This hands-on workshop shows how families can make some small adjustments to their normal daily routines that will make reading an enjoyable and natural habit for anyone. (Find more information by searching the hashtag #CCSDReads on social media!)	Families with students in grades PK-5	45 minutes – 1 hour session  
122a	100 Ways to Raise a Writer (PK-1st)	CCSD FACES	Establishing good writing habits and making the act of writing fun - and not a chore— will help your children tremendously on their path to college or career. This hands-on workshop presents some easy ideas to excite your kids about writing on a regular basis.	Families with students in grades PK-1	45 minutes – 1 hour session 
123b 	A Cup of S.T.E.A.M. Science, Technology, Engineering, Arts & Math	CCSD FACES	What could you do with a cup and other basic materials? Families will be challenged to build and design in the areas of Science, Technology, Engineering, Arts, and Mathematics during this hands-on workshop.	Families with students in K-5	1 hour session 
112b 	Area Design Challenges for Families	CCSD FACES	Think like a designer! The FACES team will present real life creative challenges and provide free materials for families to practice basic multiplication facts.	Families with students in grades 3-5	45 minutes – 1 hour session 
112c 	Breaking it Down: Advanced Multiplication Strategies	CCSD FACES	Using creative strategies to break down large numbers into smaller chunks can help children be more flexible in solving tough multiplication problems. The FACES team will use hands-on strategies to explain the distributive property and box method. All families will receive free materials to use again at home.	Families with students in grades 4-5	45 minutes – 1 hour session 
111b 	Building Base Ten	CCSD FACES	As families move base ten blocks around to create designs and build structures they will discover ways to physically represent concepts of place value, addition, subtraction, multiplication, and decimals. All families will receive free materials to use at home.	Families with students in grades 2-5	45 minutes – 1 hour session 
110a  	Composing and Decomposing Numbers in Kindergarten – 1st Grade	CCSD FACES	Learning the combinations for numbers to 10 is a primary math focus in our Kindergarten and 1st grade classrooms. This hands-on workshop introduces families to number bracelets and number bonds to keep early math fun all year long! All families will receive free materials to use again at home.	Families with students in grades K-1	45 minutes – 1 hour session 

Revised August 2018

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417	Cooking with Young Children	UNCE	<i>Cooking with Young Children</i> is a parenting class for families with preschoolers. Instructors share the benefits of cooking with young children. There is an emphasis on fruits and vegetables and participants will make a smoothie in class for all to enjoy.	Families with children ages 3-5	30-45 minute session 
108 	Creating a Home Library	CCSD FACES	Establishing and updating a home library with a variety of reading materials sets your child up for future success. Families will spend time creating a personalized book to add to or start their own home library. Having books of his/her own in a special place boosts the chance that your child will want to read even more.	Families with students in grades PK-5	45 minutes – 1 hour session  
326 	Dare to Dive Into Data <i>Offered bilingually or available in English/Spanish separately, as requested</i>	CCSD ELL	Dive into activities that provide opportunities to collect, organize, represent, and interpret data. Take a closer look at surprising results in real-world applications, by collecting and graphing data sets.	Families with students in grades 3-8	1 hour session
127  	Dots! Dots! Dots! Instantly Recognizing Small Quantities without Counting	CCSD FACES	This workshop features fast and easy, yet powerful, routines and games for building an understanding of numbers through 20. The key to these activities is having children not just tell what number they see, but also to explain how they see the number. This foundational concept is critical for achievement in mathematics.	Families with students in grades PK-1	45 minutes – 1 hour session 
329 	Drop. Stop. Don't Pop! Launching into Design and the Scientific Process <i>Offered bilingually or available in English/Spanish separately, as requested</i>	CCSD ELL	Inspire future scientists and engineers! Families will work as an engineering team to build an amusement park ride with inexpensive materials. Parents will learn how to work with their children and guide them in creating a science and engineering board with success.	Families with students in grades 3-8 (Adults and children may attend class together) <i>Session limited to 100 participants per event</i>	1 hour session 
408	Family Storyteller for Infants & Toddlers	UNCE	<i>Family Storyteller</i> (for infants and toddlers) is for families who would like to learn to share books with their babies and toddlers and help them succeed when they begin school. It uses principles from research on family literacy and parental empowerment. This is a 4-week family literacy program targeting parents of infants and toddlers (1-3 years old).	Families with children ages 1-3 (Adults and children attend class together)	4 weekly 30 – 45 minute sessions
407 	Family Storyteller for Preschoolers	UNCE	The <i>Family Storyteller</i> for Preschoolers is a 6-week family literacy program aimed at encouraging and training parents to play a vital role in the early literacy development of their children. The program's reading and language activities are designed for families with preschoolers and beginning readers.	Families with children ages 2-5 (Adults and children attend class together)	6 weekly 1 – 1.5 hour sessions

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123a   	Full S.T.E.A.M. Ahead! Science, Technology, Engineering, Arts & Math	CCSD FACES	During this hands-on workshop, families will use everyday items to collaboratively problem-solve and complete a design challenge. Many of the "tools" needed for science, technology, engineering, arts, and math exploration are right inside your home!	Families with students in K-5	1 hour session 
409	Fun to Play for Preschoolers A preview of the course is available here! 	UNCE	A series of eight interactive workshops for parents and their preschool-aged children, designed to encourage positive parent-child interaction through creative play experiences. Parents share unique play experiences with their children, which encourage important foundational skill development and set the stage for future academic success.	Families with children ages 2-5 (Adults and children attend class together)	8 weekly 1 – 1.5 hour sessions
109c 	Growth Mindset: Stretch Your Thinking	CCSD FACES	"I'm not good at math! I can't read that!" Does your child avoid challenges or get discouraged at the first obstacle they encounter? Understanding fixed and growth mindsets will help families guide a child's beliefs about their ability and their desire to persevere when things get tough in all areas of life.	Families with students in grades K-12	45 minutes – 1 hour session 
514 	Help Your Child to Focus on Learning	Nevada PEP	All children struggle with staying on task and finishing their work. This class is full of strategies and provides an understanding of how attention can be a factor in children feeling unsuccessful in school. We will discuss organization challenges and how accommodations can help students develop a routine that keeps them on schedule with homework and long-term assignments. Helping families with new ideas on how to respond to inappropriate behaviors related to attention difficulties gives parents' the tools to support student achievement. <i>(This training is geared toward families of youth with children with all disabilities. Nonetheless, the material is accessible to all parents and students interested in learning about supporting their children.)</i>	Families with students in grades PK-12	1-1.5 hour session
419	How Can I Help at Home? A Guide to Math Homework	SNRPDP	This course is designed to give parents good questioning strategies to use at home to assist children who might be struggling with math homework.	Families with students in grades PK-5	1 hour session

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523 	How is My Child Reading?	Nevada PEP	Families' involvement in their children's education stands out as one of the greatest predictors of growth and well-being for students with disabilities. This workshop provides the building blocks of learning so families can identify the vocabulary used and ask questions to gain a better understanding on how their children are doing in school. When families learn the terms, the conversation between school staff and parents is focused on student achievement. <i>(This training is geared toward families of youth with children with all disabilities. Nonetheless, the material is accessible to all parents and students interested in learning about supporting their children.)</i>	Families with students in grades PK-8; Families of children with disabilities	1-1.5 hour session
124 	How Many Guests? Strategies to Understand Division	CCSD FACES	Division makes sense when you start with a story and hands-on materials. This workshop will suggest books, problem-solving, games, and visual models to help parents reinforce division with their children.	Families with students in grades 3-5	1 hour session 
122b  	Just Write! Daily Writing for 2nd – 5th	CCSD FACES	A writer's notebook gives children a safe place to express thoughts, brainstorm new ideas, rescue past memories, and play with words without fear or judgement. During this hands-on workshop, we will think, write, and share tips to help your family start and establish routines of life-long writers.	Families with students in grades 2-5	45 minutes – 1 hour session 
318	Language Development at Home and at School <i>Recommended for ELL Cohort C Schools but available to ALL schools</i> <i>Offered bilingually or available in English/Spanish separately, as requested</i>	CCSD ELL	This session will provide parents and caregivers an understanding of how students are identified as an English Language Learner based on their language development levels. They will learn the difference between social and academic language and will engage in interactive games to promote academic conversations in everyday interactions.	Families with students in grades PK-12	1 hour session
517	Learning for Your Little One	Prevent Child Abuse Nevada at NICRP	This course teaches parents about the importance of learning for 0-5 year olds. This workshop will provide parents with tools and resources to help get their child ready for school.	Families with children ages 0-5	1 hour session
427 	Let's Discover S.T.E.M. <i>Offered at Hollingsworth ES, Long ES, Lunt ES, and Sunrise Acres ES ONLY</i> <i>Additional locations in the Spring</i>	UNCE	Let's Discover S.T.E.M. is a 7-week parenting program focusing on science, technology, engineering, and math designed for families with preschool-aged children. The 1.5 hour class meets once a week and features reading and hands-on learning activities. The program aims to help parents create and encourage S.T.E.M. based activities for children, while building the children's interest and skills in S.T.E.M.	Families with children ages 3-5	7 weekly 1.5 hour sessions

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410 	Little Books and Little Cooks	UNCE	This seven-week program is designed for families with preschoolers to promote healthy eating, family literacy, and positive parent-child interaction while cooking together. Families learn about: Food safety for families, My Plate and the five food groups, benefits of cooking with children, helpful tips for dealing with picky eaters, the importance of fruits and vegetables, The Hungry Meter, and new foods from other cultures.	Families with children ages 2-5 (Adults and children attend class together)	7 weekly 1.5 hour sessions
110b 	Math in a Frame	CCSD FACES	Five frames and ten frames are a quick and easy structure for building an understanding of numbers. This creative hands-on workshop introduces free online games and provides free materials to make addition and subtraction practice simple at home or on the go! <i>(Preferred setting: Computer Lab or laptops available)</i>	Families with students in grades PK-2	45 minutes – 1 hour session 
111a 	Mission Addition & Subtraction Action	CCSD FACES	Ready to blast off with math? Join the FACES team for a stellar opportunity for families to use easy hands-on games and learn about online games for addition and subtraction fact practice. All families will receive free materials to use again at home.	Families with students in grades K-3	45 minutes – 1 hour session 
112a 	Multiplying Family Fun: Beginning Multiplication Strategies	CCSD FACES	Join the FACES team as they share hands-on engaging ways for children to practice basic multiplication facts. All families will receive free materials to use at home.	Families with students in grades 3-5	45 minutes – 1 hour session 
418	PBS KIDS Family Creative Learning <i>Single session workshops available for Title I school sites (first come, first served)</i>	KLVX Vegas PBS	PBS KIDS Family Creative Learning is a series of workshops that engage families in a project-based creative process. The series uses creative play to introduce both kids and grownups to exciting digital and tangible tools that they can use to develop computation and engineering knowledge, practices, and perspectives as they imagine, plan, design, and create their own child-led projects. The series aims to support and foster collaboration, communication, problem-solving, and STEM skills among family members while empowering them to create and express themselves with media and technology. Workshop options include: <ul style="list-style-type: none"> • The Cat in the Hat Knows a Lot About That! (ages 3-5) • PBS Parents Play & Learn Science Edition (ages 3-5) • Ruff Ruffman (ages 5-8) • PBS KIDS ScratchJr (ages 5-8) • Odd Squad “Be the Agent” STEM Program (ages 5-8) • Martha Speaks Reading Buddies Vocabulary Workshop (ages 5-8) 	Families with children ages 3-8 depending on workshop (Adults and children attend class together)	1.5 – 2 hours each session

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105E	Preparing Your Child for Standardized Testing in Elementary School	CCSD FACES	Testing is required in all CCSD schools for two main purposes. One is to find out how well an individual student is learning in the classroom. The other purpose is to find out how well the school is meeting local and national benchmarks for student achievement. Assessments examples and ways parents can help relieve test anxiety, stress, and pressure will be presented. <i>(Preferred setting: Computer Lab)</i>	Families with students in grades 3-5 <i>(Adults ONLY)</i>	45 minutes – 1 hour session
308	Promoting Literacy <i>Offered bilingually or available in English/Spanish separately, as requested</i>	CCSD ELL	This session will provide parents and caregivers an understanding of literacy, the components of reading instruction, and the impact of literacy on English language development. Walk away with examples and ideas of how they can help their child work on literacy skills at home.	Families with students in grades PK-5	1 hour session
414	Ready to Learn Program <i>7 sessions offered at each Family Engagement Center</i> <i>Additional individual sessions available for Title I school sites (first come, first served)</i>	KLVX Vegas PBS	This nine-session course presented by the Vegas PBS Ready To Learn (RTL) project provides literacy, health, and math-based workshops that help children ages 2-5 gain the skills they need to be successful in school and life. Using Vegas PBS children's programming, Ready To Learn workshops integrate tips for viewing television, literacy strategies, and hands-on activities for children and parents to help extend your children's learning at home. New books are distributed after workshops, in English or Spanish, to extend the concepts discussed and help build children's home libraries.	Families with children ages 2-5 (Adults and children attend class together)	1 hour session each topic <i>(not necessary to attend all sessions)</i>
316 	S.T.E.M. Engineering Adventures (Elementary) Science, Technology, Engineering & Math <i>Offered bilingually or available in English/Spanish separately, as requested</i>	CCSD ELL	This course is designed to spark interest in Science, Technology, Engineering, and Math practices. Parents will experience engineering challenges such as building a water tower, a parking garage, and a house, using inexpensive materials. Parents will receive materials to engage their family in similar challenges at home.	Families with students in grades PK-8 <i>Session limited to 100 participants per event</i>	1 hour session 
110c 	Splat! How Many are Hiding?	CCSD FACES	Guess how many! Families will use pictures and hide objects to play guessing games that expand a child's quick flexibility with number combinations needed for addition and subtraction.	Families with students in grades K-2	45 minutes – 1 hour session 
203   	Start with a Book <i>Ongoing at FACES Family Engagement Centers (FECs)</i> <i>A promotional "preview" workshop (topics listed) is available at ALL schools</i>	CCSD FACES	We will start with a book for an exciting read aloud, followed by hands-on stations that stretch the imagination, promote problem-solving skills, and help expand a child's vocabulary. Families have fun interacting meaningfully with their children while helping to build and strengthen their academic readiness skills. <ul style="list-style-type: none"> • 203a <i>Head to Toe</i> (Gross Motor) • 203b <i>Chicka Chicka Boom Boom</i> (Alphabet Recognition) NEW • 203c <i>Mouse Paint</i> (Pre-Writing, Sensory, Colors) NEW • 203d <i>How Do Dinosaurs Count to Ten</i> (Early Numeracy) NEW 	Families with children ages 3-5; Pre-K Parent Meetings & Events (Adults and children attend class together)	1 hour session

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204	Start with a Song <i>Ongoing at select FACES Family Engagement Centers (FECs)</i>	CCSD FACES	Are there songs, lullabies or nursery rhymes from your childhood that bring back special memories? This interactive workshop gives parents of young children the opportunity to learn new music, meaningful movements, and simple rhythms that offer early learning and lifetime memories. This workshop changes each session and varies at each FACES Family Engagement Center.	Families with children ages 0-3 (Adults and children attend class together)	30 minute session
125E	Stop Summer Slide! Ideas to Continue Learning During the Summer (Elementary)	CCSD FACES	For most kids, summer is an exciting time to get away from the challenges of the school year. However, many parents are tasked with keeping their kids occupied during the summer months. Discover ideas and resources to help keep kids learning and STOP the summer slide.	Families with students in grades PK-5	45 minutes – 1 hour session  
121 	The Comprehension Puzzle: Read & Remember	CCSD FACES	How do the pieces of the reading puzzle fit together? Experience interactive ways to increase your child's reading comprehension and develop a life-long love of literacy by focusing on specific strategies to use before, during, and after reading.	Families with students in grades K-5	45 minutes – 1 hour session  
529	The Family Learning Program <i>Offered at the Family Engagement Center (FEC) at W. Williams ES ONLY</i>	The Public Education Foundation	This program includes a full school year or courses designed to empower families to be their child's first teacher. Participants will get to know their school, staff members, and how they can help their child succeed in school.	Families with students in grades PK-5	30 weekly 2 hour sessions
320	The Writing Process: A Make & Take Session <i>Offered bilingually or available in English/Spanish separately, as requested</i>	CCSD ELL	This make and take workshop will guide parents and students step-by-step through the writing process. Parents will take home a writing folder with information to help their child with pre-writing, drafting, revising, editing, and publishing.	Families with students in grades PK-5	1 hour session
109a 	What Did You Learn Today?	CCSD FACES	Our students are expected to communicate their thoughts and ideas to other people through oral and written language at higher levels. The FACES team will share tips, games, and simple questions families can use to boost communication skills in all subject areas.	Families with students in grades K-5	45 minutes – 1 hour session 
109b  	What's for Dinner? How to Maximize Family Meal Time	CCSD FACES	Eating together is linked to a range of positive academic benefits for children. The FACES team will lead this collaborative workshop where participants will role plays everything from the grocery shopping, recruiting the kids to cook, describing tasty food, conversation starters at the table, cleaning up the dishes, and easy after dinner games.	Families with students in grades K-5	45 minutes – 1 hour session  

Navigating the School System

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
102E 	"Can We Talk?" Effective Home-School Communication <i>Available in ONLINE FORMAT here!</i> 	CCSD FACES	This informative workshop will teach you how to create an authentic partnership with your child's school and teachers every year. Thanks to email, school websites and social networking sites, families and educators communicate with each other more easily and frequently. Additionally, the session will present the steps to take if there is a breakdown in communication in the Clark County School District.	Families with students in grades PK-12 <i>(Adults ONLY)</i>	45 minutes – 1 hour session 
103E  	Attendance Matters: Helping Your Child Succeed in School (Elementary) <i>Recommended for ELL Cohort C Schools but available to ALL schools</i> <i>Available in ONLINE FORMAT here!</i> 	CCSD FACES	Good attendance isn't just about your school's rules, it is an important part of school success. There is a strong link between regular, early attendance and success in school. Come and learn about what you can do to improve your child's chance for academic success!	Families with children in grades PK-5 <i>(Adults ONLY)</i>	45 minutes – 1 hour session 
115	How to Make the Most of Parent Conferences: Parent- Student-Teacher-Academic Planning Time (PSTAPT)	CCSD FACES	These annually scheduled planning times are a great opportunity for families to sit down one-on-one with their child's teacher and talk about their progress. This informative workshop provides tips to make the most of this time.	Families with students in grades PK-5 <i>(Adults ONLY)</i>	45 minutes – 1 hour session 
104  	Infinite Campus Parent Portal Workshop <i>Available in ONLINE FORMAT here!</i> 	CCSD FACES	The Clark County School District utilizes a web-based system to help you more effectively monitor the progress of your child. This system provides detailed, real-time information, including: demographics, schedules, assignments, assessment scores, calendar, grades, attendance, graduation progress, academic planner, to do lists, reports, and district and school notices. <i>(Preferred setting: Computer Lab)</i>	Families with students in grades PK-12	30-45 minute session <i>(Allow for additional time if parents will have hands-on experience.)</i> 

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328	Is Your Child Future Ready?: Exploring Magnet, Select, and Career & Technical Schools	CCSD Magnet Schools and Career & Technical Academies	Parents will learn about the many choice options in CCSD that include magnet programs, Select Schools, and Career and Technical Education opportunities. By participating in one of these programs, students can get a jump start on their future and be college and career ready.	Families with students in grades PK – 12 (Adults and students may attend class together)	30 minute – 1 hour session 
113	No More Paper! The Flipped & Blended Classrooms	CCSD FACES	While technology has been changing classrooms for years, educators say it is growing — and altering the way students learn. Across the nation, elementary, middle and high school students are using everything from desktops, laptops, tablets, and smartphones to log on and link together with their classmates and teachers. This course will alert parents to some of the new ways educators teach without paper and textbooks. We will even take a virtual field trip!	Families of students in grades 3-8 <i>(Adults ONLY)</i>	45 minutes – 1 hour session
319	Our Journey Together: Success for all Students <i>Recommended for ELL Cohort C Schools but available to ALL schools</i> <i>Offered bilingually or available in English/Spanish separately, as requested</i>	CCSD ELL	The Clark County School District Master Plan for English Language Learner Success was created to ensure all students achieve. Come to this session to learn how the ELL Master Plan was built to ensure that students graduate college and career ready.	Families of students classified as English Language Learners	1 hour session
106  	Transitions in Education: Ready for Kindergarten	CCSD FACES	With proper preparation, the transition to Kindergarten can be a positive experience. This workshop is designed to provide specific strategies and skill sets that parents and students can utilize in order to minimize anxieties and promote successful transition into Kindergarten.	Families with students in Pre-K - Kindergarten 	1 hour session
508 	Understanding Individualized Education Plans (IEP)	Nevada PEP	This class helps families understand how they can have meaningful participation in the IEP process. Learning about procedural safeguards, advocacy tips, and developing relationships with school staff are essential components to improving student success. Parents are an integral part of the IEP team that keep expectations high and identify services that are designed to meet their unique needs and prepare them for further education.	Families of students receiving Special Education services	1-1.5 hour session
114  	Understanding School Lingo: Educational Terms from A-Z	CCSD FACES	Discourse? Differentiated Instruction? Flexible Seating? Parents often hear and read school-related terms that are unfamiliar to them and feel overwhelmed. We can help give you a better understanding of what's happening in your child's classroom and what it all means for your young learner.	Families with students in grades K-5 <i>(Adults ONLY)</i>	45 minutes – 1 hour session

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331	Unity in Diversity: A Long-Term English Language Learner Framework <i>Recommended for ELL Cohort B Schools but available for ALL schools</i> <i>Offered bilingually or available in English/Spanish separately, as requested</i>	CCSD ELL	<i>Unity in Diversity: A Long-Term English Language Learner Framework</i> shares supports that help accelerate the achievement of academic language for long-term English language learners. Equip yourself with the tools and resources to begin exploring career options for your child.	Families of students in grades 3-12 who are English Language Learners	1 hour session
330	Unity in Diversity: A Newcomer Framework <i>Recommended for ELL Cohort B Schools but available for ALL schools</i> <i>Interpretation may be available in: Swahili, Farsi, Arabic, Amharic, Tigrinya, French, Spanish, & Tagalog</i>	CCSD ELL	<i>Unity in Diversity: A Newcomer Framework</i> will assist you and your child in making a smooth transition into the school community. Equip yourself with the knowledge necessary to navigate new educational experiences and find out about the supports available to promote the success of your child.	Newcomer families who have recently arrived to the United States	1 hour session

Parent Leadership

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518	Advocating for Children and Families (An Early Childhood Focus)	Prevent Child Abuse Nevada at NICRP	This training provides information on Nevada's legislative process, how to communicate with legislators, and how to get involved in community advocacy effort. Participants learn why early childhood education/preschool are so important. It also provides participants with ways to speak up for early childhood education/preschool in Nevada so more children can get quality care!	Families with children ages 0-5	1 hour session
301	Anti-Bullying Tips for Parents & Families	CCSD Equity & Diversity Education	This workshop is designed to support community members with gaining knowledge on building a safe, secure, and respectful learning environment for all students. The school District strives to address bullying and cyberbullying so that there is no disruption of the learning environment and learning process. This course will introduce participants to CCSD Policy 513 and strategies to assist students who are targets of bullying and students displaying behaviors of bullying.	Families with students in grades PK-12	1.5 hour session
322	Bicycle and Pedestrian Safety Clinic – Train the Trainer Workshop	CCSD Safe Routes to School	The Train the Trainer Workshop teaches participants how to organize and hold successful bike rodeos for students at their school or other location. Bike rodeos teach students fundamental bicycle handling skills in a structured format. Workshop participants learn how to plan and organize a tailored bike rodeo; select and set-up stations; enlist volunteers and sponsors; time management strategies and more! <i>Hours spent organizing and leading a bike rodeo will be documented for University of Family Learning certification hours up to 5 hours.</i>	Families with students in grades PK-8; Parent Groups	1.5 hour session
502 	Bullies, Targets & Bystanders: Responses That Work	Nevada PEP	This workshop helps families understand bullying behavior and provides strategies for parents to address it. Safety plans, IEP accommodations, and disability harassment are discussed to give parents more information. Learning the Nevada regulations and specific steps parents can take when bullying occurs will contribute to schools becoming bully-free environments.	Adult family members of CCSD students	1-1.5 hour session
541 	Bullying Prevention and Warning Signs	Anti-Defamation League	This course is designed to give parents a basic understanding of what signs and symptoms to look for in their child regarding bullying. It will also give parents and families and opportunity to learn what steps they can take at home to prevent bullying, how to report it, and the state laws regarding bullying.	Families with students in grades PK-12	1.5 hour session
101  	High Impact Engagement for Your Child's Success <i>School Administration or other staff must be present at workshop to speak about site-based volunteering procedures</i>	CCSD FACES	Educators and parents share the same goal for children: each of us wants students to succeed. Join us as we discuss a variety of opportunities to engage our students' family members at school and at home.	Families with students in grades PK-5 <i>(Adults ONLY)</i>	45 minutes – 1 hour session

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<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
332 	Most Wanted: Trending Apps Used by Teens for Cyberbullying	CCSD Equity & Diversity Education	<p>Social media and apps serve as a platform to help kids communicate, connect with others, share their feelings, form study groups and much more. However, social media and apps can be used for cyberbullying. Kids are able to use these free apps to search for people and share information about others anonymously.</p> <p>In this training, parents will have the opportunity to understand the definition of cyberbullying. Parents will download and learn how to use the top applications/social media platforms kids are using for cyberbullying. Most importantly, parents will get an overview of how to promote upstander and digital leadership behaviors with their children.</p>	Families with students in grades 4-12	1.5 hour session
323	Organizing a Walking School Bus or Bike Train at Your School	CCSD Safe Routes to School	<p>Walking school buses combine safety and fun with the walk to school. A walking school bus is a group of children walking to school with one or more adults. This course will outline the benefits of starting a walking school bus (including improved attendance rates) and deciding if a walking school bus is the right fit. Examples of successful walking school buses in CCSD will be presented.</p> <p><i>Hours spent organizing and leading a walking school bus or bike train will be documented for University of Family Learning certification hours up to 40 hours.</i></p>	Families with students in grades PK-8	1 hour session
126	Parent Organizations: The Choice is Yours <i>School Administration must be present at workshop</i>	CCSD FACES	<p>It doesn't take much time to get a parent-teacher organization started. Find just one parent in your school/community to take the lead, and before you know it, there will be a group of dedicated parents doing what parent teacher organizations do best: providing resources and programs to all families, students, teachers, and school staff. In six steps you can create the organization that works best for your community. FACES has prepared sample materials and gathered resources to guide you as you and your team build the foundation of engaged and committed parent leaders.</p>	Families with students in grades PK-12; Parent Groups	1 hour session
128 	Raising a Digital Leader	CCSD FACES	<p>This workshop provides information on how to keep children safe while using the internet. Learn how to be a positive Digital Leader, set boundaries and rules, and how to avoid common internet scams. Families will also review CCSD's internet usage rules and regulations.</p>	Families with students in grades PK-12	1 hour session
506	Safe and Secure Online	NV Energy	<p>This course is designed to provide participants with cybersecurity education and awareness training in order to secure their online lives. Participants will learn how to look for signs of technology based problem and threats, and how to protect themselves and their children from online predators. The instructor will use research-based information to assist family members to become responsible digital citizens.</p>	Adult family members of CCSD students	1-1.5 hour session

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
421 	Screen Time Smarts	UNCE	Screen Time Smarts is a digital media workshop for parents of young children. In today's world of smartphones, tablets and on-demand services preschoolers are a technology and media saturated generation. This workshop will highlight recommended screen time guidelines, parental involvement, online safety and tips for choosing educational applications and e-books. It also includes a story time and hands-on iPad activity.	Families with children ages 0-5 (Adults and children attend class together)	1.5 hour session
420	Smart Parents, Safe Kids	UNCE	This parent workshop discusses several child safety issues such as strangers, asking for help, street and car safety, getting lost, knowing parents' names and phone numbers, etc.	Families with children ages 0-5	1 – 1.5 hour session
533	The Dark Side of Social Media	Las Vegas Metro Police Dept.	What every parent needs to know about the negative impact social media can have on their children and how they can protect them.	Adult family members of CCSD students; Large crowds <i>(After School ONLY; Adults ONLY)</i>	1.5 hour session

Family Wellness & Development

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
401	ABCs of Parenting <i>Available separately in Spanish Course 401S Mejoramiento Familiar</i>	Clark County DFS Parenting Project	This exciting and interactive five-week program for parents of children ages 5 to 10 years old helps parents of school-aged children gain an understanding of their children's development and behavior. Parents learn how to communicate effectively with their children, encourage better behavior, use positive discipline techniques, and teach responsibility. Parents will explore ways to help their children succeed in school, solve problems, manage stress and anger, and talk to their children about drugs, alcohol and other issues.	Families with children ages 5-10	6 weekly 2 hour sessions <i>(must attend all sessions)</i>
325	Active and Healthy Families: Special Events and Programs to Boost Physical Activity	CCSD Safe Routes to School	The Safe Routes to School (SRTS) program facilitates several events each school year to encourage students and parents to be physically active. In addition to highlighting these events and programs, the course will cover the relationship between physical activity and academic achievement; and how parents can take a leadership role in planning and organizing a special event at their child's school. <i>Hours spent organizing and leading a Walk N Roll program will be documented for University of Family Learning certification hours up to 5 hours.</i>	Families with students in grades PK-8	1 hour session
501	Budgeting 101	Financial Guidance Center	Is your money getting away from you? Where is it going? This class offers ideas and suggestions relative to planning and building for a brighter financial future through the basics of and how-to of creating a workable sustainable budget.	Adult family members of CCSD students	1 hour session
539 	Budgeting, the Psychology of Money	Universal Retirement	Understand why you think about money the way you do. Learn how bad money habits can be overcome. Take control of your money by creating a budget and learning how to live within your financial limits. It is not about how much money you make, but how much money you spend.	Adult family members of CCSD students	1 hour session
403 	Child Safety and Welfare	UNCE	Child Safety and Welfare is designed for parents to increase their awareness and knowledge of several child safety/welfare issues. Each session includes free children's books and activities. The 6-week program topics include: <ul style="list-style-type: none"> • Lesson 1: Protecting Your Child (Safety Tips) • Lesson 2: Shaken Baby Syndrome/Abusive Head Trauma • Lesson 3: Body Safety 1 (Body Parts) • Lesson 4: Body Safety 2 (How to Say "No") • Lesson 5: Stress Management • Lesson 6: Positive Parenting Guidance 	Families with children ages 0-5	6 weekly 1.5 hour sessions

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<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
519	Choose Your Caregiver Carefully	Prevent Child Abuse Nevada at NICRP	Everybody understands there are times when you have to leave your child with another person. Children rely on their parents to find a caring caregiver. It's hard to imagine someone you love or trust could ever hurt your child, but it happens. Many children are harmed each year by adults who just don't know how to take care of a child especially when the child is crying or being difficult. The purpose of this course is to provide information on how to carefully select safe caregivers for children including identifying warning signs and behaviors in potential significant others, babysitters, or other individuals that may care for children.	Families with children ages 0-12	1 hour session
404	Common Sense Parenting (School-Aged) <i>Available separately in Spanish Course 404S La Crianza Practica de los Hijos</i>	Boys Town	This six-week practical, skill-based program can be applied to every family. The program's logical strategies and easy-to-learn techniques address issues of communication, discipline, decision-making, relationships, self-control, and school success. Parents learn to: communicate effectively, avoid power struggles, give positive attention, control your emotions, balance discipline with affection, and praise your child's good behavior. Parents who complete the course receive a copy of the Common Sense Parenting book.	Families with children ages 5-11	6 weekly 2 hour sessions <i>(must attend all sessions)</i>
405	Common Sense Parenting (Toddler/Preschool) <i>Available separately in Spanish Course 405S La Crianza Practica de los Hijos</i>	Boys Town	This six-week practical, skill-based program can be applied to every family. The program's logical strategies and easy-to-learn techniques address issues of communication, discipline, decision-making, relationships, self-control, and school success. Parents learn to: communicate effectively, avoid power struggles, give positive attention, control your emotions, balance discipline with affection, and praise your child's good behavior. Parents who complete the course receive a copy of the Common Sense Parenting book.	Families with children ages 2-4	7 weekly 2 hour sessions <i>(must attend all sessions)</i>
201a 	Conversational ESL: English as a Second Language (ESL) for Adults <i>Ongoing at FACES Family Engagement Centers (FECs)</i>	CCSD FACES	This ongoing interactive course introduces adults to basic structures and vocabulary of the English language through the skills of reading, writing, speaking, and listening. Students learn strategies in order to advance their reading, listening, and pronunciation skills. This workshop changes each session and varies at each FACES Family Engagement Center.	Adult family members of CCSD students	Varies by location
201c 	Conversational Spanish: Spanish as a Second Language for Adults <i>Ongoing at select FACES Family Engagement Centers (FECs)</i>	CCSD FACES	This ongoing interactive course introduces adults to basic structures and vocabulary of the Spanish language through the skills of reading, writing, speaking, and listening. Students learn strategies in order to advance their reading, listening, and pronunciation skills. This workshop changes each session and varies at FACES Family Engagement Centers.	Adult family members of CCSD students	Varies by location

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542 	Cooking Matters	Three Square	<p>Cooking Matters is a free class that teaches skills for buying healthy foods on a budget. The class focuses on:</p> <ul style="list-style-type: none"> • USDA My Plate Guidelines • Buying fruits & vegetables on a budget • Comparing unit prices to find bargains • Reading & comparing food labels • Identifying whole grains • Sticking to an affordable budget <p>After the class, participants receive a free booklet full of tasty recipes and simple tips on buying healthy, low cost foods.</p>	Families with children ages 0-5; Families with students in grades PK-12 (Adults and children may attend class together)	45 minutes – 1 hour session
549 	CPLC Parenting Program: Creating a Healthy Parent-Child Relationship	Chicanos Por La Causa	CPLC Parenting Program provides fathers and mothers with parenting classes that focus on parenting education, accessing community resources, and support. Classes are designed to meet the unique needs of adults who desire to learn how to become better parents, restore and strengthen their family relationships, and build a strong foundation in their homes.	Families with children ages 0-5; Families with students in grades PK-5 ??	4 weekly 1 hour sessions
503	Credit for Today	Financial Guidance Center	Building and maintaining favorable credit will allow you to achieve a better lifestyle. Learn how to define and manage your credit as a consumer, what makes up a credit score, which items affect credit history, and the effects of collection accounts and debt. Topics will include credit reporting, credit histories, credit worthiness, communication with creditors, bankruptcy, advantages and disadvantages of credit, credit abuse and recognizing scams.	Adult family members of CCSD students	1 hour session
504	Deals on Wheels: How to Buy a Car You Can Afford to Own	Financial Guidance Center	What can you afford to buy? What are the most economical methods of financing, leasing, insuring and maintaining a car?	CCSD High School Students and Adult family members of CCSD students	1 hour session
422	English as a Second Language (ESL) for Adults <i>Offered at the Family Engagement Center (FEC) at Ullom ES and Academic Support & Community Service Center (ASCSC) ONLY</i>	CSN	This course introduces adults to basic structures and vocabulary of the English language through the skills of reading, writing, speaking, and listening. Students learn strategies in order to advance their reading, listening, and pronunciation skills.	Adult family members of CCSD students	Varies by location

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
530	Enough Abuse: Strategies for Family & Community	The Rape Crisis Center	<i>Enough Abuse: Strategies for Your Family and Community</i> provides an overview of adverse childhood experiences and toxic stress, including child sexual abuse, which can lead to high risk health behaviors and which can in turn contribute to the leading causes of disease and death in the U.S. It defines child sexual abuse, including touching and non-touching offenses, and discusses how they contribute to the trauma victims report. It discusses the many social messages children and youths receive from our culture, their communities and families, and how these contribute to the sexual abuse and exploitation of children. The presentation talks about how parents can utilize education, communication and advocacy in helping to prevent sexual abuse within their community.	Adult family members of CCSD students	1.5 hour session
406	Expanded Food and Nutrition Education Program (EFNEP)	UNCE	Join the Expanded Food and Nutrition Education Program (EFNEP)/Eating Smart and Being Active classes and learn how to save money and eat healthy! Our eight-lesson class series will teach you to <ul style="list-style-type: none"> • Save money and plan tasty, healthy meals for your family • Prepare new recipes and eat more meals at home • New ways to enjoy fruits and vegetables • Control portion sizes • Prepare and store food safely and prevent waste • Prepare nutritious and delicious recipes • Be more physically active with your children 	Adult family members of CCSD students	9 weekly 2 hour sessions
511	Financial Guidance Center Overview of Programs & Services	Financial Guidance Center	Do you feel like there's more month than money? Do you have credit issues or are you trying to build your credit? Are you thinking about home ownership? Want to get a certificate or college degree or own a small business? Learn about programs, services and resources that will help you meet your financial goals!	Adult family members of CCSD students	1 hour session
201b  	Hello English! English Learning Opportunities for Adults	CCSD FACES	This one-time workshop introduces adults to the Conversational English as a Second Language classes (Course #201a) presented daily at FACES Family Engagement Centers. The session includes some of the interactive strategies used to help adults advance their English reading, listening, writing, and speaking skills.	Adult family members of CCSD students	45 minutes – 1 hour session 
537	Helping Children with Loss	Adam's Place	One in five children in the USA will experience the death of a loved one before they reach the age of 18. Children grieve differently than adults, and parents are often at a loss of determining what is normal and how they themselves can help, their family navigate this process. In three sessions, learn how children process loss and death, and tools you can give your child for dealing with loss and grief, and learn self-care for yourself so you can better help your family and child readjust to the loss.	Adult family members of CCSD students	3 weekly 1.5 hour sessions

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
201d 	Hola Español! Spanish Learning Opportunities for Adults	CCSD FACES	This one-time workshop introduces adults to the Conversational Spanish as a Second Language classes (Course #201c) presented at select FACES Family Engagement Centers. The session includes some of the interactive strategies used to help adults advance their beginning Spanish reading, listening, writing, and speaking skills.	Adult family members of CCSD students	45 minutes – 1 hour session 
538	Identifying Depression, Anxiety, and Trauma in Children and Adolescents	Family and Child Treatment of Southern Nevada	This course will provide information regarding signs and indicators of depression, anxiety, and trauma specifically in children and adolescents, as well as suggestions for parents on how to respond to and help their children struggling with depression, anxiety, and/or trauma.	Adult family members of CCSD students	1.5 hour session
531	Immigration 101	U.S. Citizenship and Immigration Services	This workshop provides information about family-based immigration as well as basics about how the United States immigration system works.	Adult family members of CCSD students	1-2 hour session
540 	Importance of Oral Health <i>Schools may wish to schedule an accompanying (20-minute) student presentation.</i>	LIBERTY Dental Plan of Nevada	This course provides important information for families on why oral health is important and why proper oral hygiene contributes greatly to healthy teeth.	Families with children ages 0-5; Families with students in grades PK-5 (Adults and children may attend class together)	40 minute session
509	It's Not Just Jenna: Abuse Prevention	Rape Crisis Center	"It's Not Just Jenna" presents the story of Jenna, a young woman who was sexually abused by a family friend. The story follows how her family discovered the abuse, and came together to get help for Jenna. The story of this family's healing helps parents understand how to prevent and address sexual abuse in an empowering way. Attendees will <ul style="list-style-type: none"> • Learn strategies for sexual abuse prevention • Recognize the signs that an adult may present a risk to children • Recognize the signs that a child may be experiencing abuse • Understand the steps for responding to a child who discloses abuse 	Adult family members of CCSD students	1 hour session
532	Naturalization 101	U.S. Citizenship and Immigration Services	This workshop provides information on the process of becoming a U.S. citizen for those who currently have permanent residency status.	Adult family members of CCSD students	1-2 hour session

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411	Nurturing Parents and Families <i>Available separately in Spanish Course 411S Criando con Amor</i>	Clark County DFS Parenting Project	This six-week program, designed for parents of children ages 6 months to 5 years-old promotes positive, healthy and nurturing interactions between parents and their infants, toddlers and preschool children. Developmental stages of children from infancy through preschool are presented. Parents will learn stress management techniques, how to establish routines and handle anger. Problem-solving techniques and appropriate behavior management methods are presented and practiced.	Families with children ages 6 months – 5 years	6 weekly 2 hour sessions <i>(must attend all sessions)</i>
516	Parenting the Positive Discipline Way	Illuminations Counseling	<i>Positive Discipline</i> is a program designed to teach young people to become responsible, respectful, and resourceful members of their communities. Receive an introduction to the <i>Positive Discipline Model</i> , the <i>5 Criteria for Effective Discipline</i> , and the program that is designed to assist parents discipline in a way that allows their child(ren) to become responsible, resourceful, and respectful members of their family and to the community.	Families with students in grades PK-12 (Adults and children may attend class together)	2 weekly 1.5 hour sessions
548 	Project LISTOS! English Language Acquisition and Basic Adult Education <i>Offered at Edwards ES, Fitzgerald ES, Martinez ES, West Prep, and the Family Engagement Center (FEC) at Wynn ES ONLY</i>	Las Vegas Urban League	<i>Project LISTOS!</i> is a comprehensive English Language Acquisition program that uses a bilingual (English/Spanish) curriculum to teach parents language skills, leadership development, technology, and more. This allows for parents to become self-sufficient, supportive and engaged members of the parent community so they can best support their children's development and education during crucial and formative years.	Families with students in grades PK-12	Varies by location
424 	Raising Confident, Competent Children (A Triple P Seminar)	Clark County DFS Parenting Project	This seminar focuses on teaching children skills and values. Parents learn how respect, developing communication skills, promoting healthy self-esteem, learning to solve problems and supporting independence contribute to the positive development of their children.	Families with children ages 2-11	1.5 – 2 hour session
425 	Raising Resilient Children (A Triple P Seminar)	Clark County DFS Parenting Project	In this session, parents learn to help their children cope with emotions and stress. Helping children develop emotional resilience, recognize and appropriately express feelings and develop coping skills are key discussion topics.	Families with children ages 2-11	1.5 – 2 hour session
507	Scams, Rip-Offs and Unwise Decisions	Financial Guidance Center	This workshop will define a scam, identify rip-offs and unwise decisions, and review the billions of dollars lost by consumers. Participants will learn why schemes don't work and will be provided with information for filing complaints. We will discuss scams such as charity solicitations, fraud through mail. Credit repair, travel scams, work at home, pyramid sales, grocery delivery services, and predatory lending. The workshop cautions consumers of the many tricksters whose attractive schemes and offers could prove to be costly.	CCSD High School Students and Adult family members of CCSD students	1 hour session
416	Stepping Stones Triple P	Clark County DFS Parenting Project	The Stepping Stones Triple P -Positive Parenting Program provides parents who have a child with a disability the skills and tools to promote positive behaviors and deal with misbehavior that can make a positive difference in family life.	Families with children ages 2-11 who have a disability	8 weekly 2 hour sessions <i>(must attend all sessions)</i>

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324	Street Smarts: Encouraging Safe Walking and Bicycling to and from School	CCSD Safe Routes to School	Walking and bicycling to and from school provides many benefits to students. Learn about those benefits and the following: teaching children to walk and bicycle safely to and from school, the importance of being a role model, and an overview of a parent led walking school bus or bicycle train program. <i>Hours spent organizing and leading a Thank You for Driving Safely campaign will be documented for University of Family Learning certification hours up to 2 hours for each campaign.</i>	Families with students in grades PK-8; Parent Groups	1 hour session
521	The Climb: Never Give Up	Never Give Up Foundation	This 5-hour course offers best practices for engaging family members in meaningful interactions with the goal of creating common ground and appropriate communication within the family unit. Instructors present situations based upon real life situations along a theme where detachment from one another can pose long-term challenges. Guided discussions and breakout groups will work through ways to keep lines of communication open within the family. <ul style="list-style-type: none"> • Week 1: Purpose • Week 2: Setting the Tone • Week 3: Emotional Resiliency • Week 4: Celebrating the Wins • Week 5: Letting Go 	Families with students in grades PK-12	5 weekly 1 hour sessions <i>(not necessary to attend all sessions)</i>
423 	The Power of Positive Parenting (A Triple P Seminar)	Clark County DFS Parenting Project	In this seminar, parents learn the five principles of positive parenting, why these principles promote child development and how they impact children's behavior. Parents who use the skills will feel more confident and competent and have less conflict with their children.	Families with children ages 2-11	1.5 – 2 hour session
520	Toxic Stress & Child Development	Prevent Child Abuse Nevada at NICRP	A child's earliest years are the most crucial for brain development. Living in stressful environments can negatively affect a child's emotional, social, and physical development. Through this training, attendees will be provided with a brief overview of how stress can affect brain development, relevant information about community resources, and be reminded on how to identify potentially unsafe children and the steps to take when a suspicion arises.	Families with children ages 0-12	1 hour session
413	Triple P: Positive Parenting Program <i>Available separately in Spanish Course 413S Programa de Padres Positivos</i>	Clark County DFS Parenting Project	The Triple P Positive Parenting Program helps parents with children ages 2 to 11 manage difficult behavior problem. Triple P suggests simple routines and small changes that can make a big difference in families. It helps parents understand the way their family works and helps create a more stable, supportive and harmonious family. In this eight-session program parents learn to deal positively, consistently and decisively with problem behavior and build positive relationships with their children so that conflict is resolved.	Families with children ages 2-11	8 weekly 2 hour sessions <i>(must attend all sessions)</i>

Explanation of Terms

CCSD	Clark County School District
CSN	College of Southern Nevada
DFS	Department of Family Services
EDE	Equity & Diversity Education Department
ELL	English Language Learner Division
FACES	Family And Community Engagement Services
NICRP	Nevada Institute for Children's Research and Policy
SNRPDP	Southern Nevada Regional Professional Development Program
SRTS	Safe Routes to School
UNCE	University of Nevada Cooperative Extension
UNLV	University of Nevada, Las Vegas
Vegas PBS	Vegas Public Broadcasting System