

University of Family Learning (UFL) Course Catalog 2018-2019

The **University of Family Learning (UFL)** is an opportunity for adult family members of current and future CCSD students to access valuable educational, networking, and parent leadership information and opportunities that will increase both family and student success. We invite family and community members to participate in a variety of courses and workshops that support student and family success. Every UFL course or workshop offers credit for hours of participation. Parents who meet the yearly goal of fifty (50) credit hours are recognized at an end-of-year "Ceremony of Achievement".

Contact your **Family/School Liaison (FSL)** or **Family Outreach Specialist (FOS)** for more information and to host a class at your site.

FSL or FOS:

Phone:

Email:

Focus Areas: (Please click on the area below to be directed to that section of the catalog.)

- [Parents as Teaching Partners](#)
- [Navigating the School System](#)
- [Parent Leadership](#)
- [Family Wellness & Development](#)



Catalog Symbols:

	<p>“Superintendent’s Selections” - Look for this symbol to see courses recommended by Superintendent Dr. Jesus Jara.</p>
	<p>Mini-Workshop Available – Look for this symbol to see courses available in a 30-minute format. The 30-minute version presents a small glimpse of the full version. (Ideal for SOT Meetings, PTA/PTO Meetings, Coffee with the Counselor, Park & Learn, Pastries with the Principal, etc.)</p>
	<p>Suggested for After School/Evening – In addition to school hours, classes with this symbol lend themselves to an after-school setting as they present activities where adults and children could learn together.</p>
	<p>Online Course – An abbreviated video version of our in-person workshop is available online. This online format allows a facilitator/staff member to pause and facilitate an interactive discussion.</p>
	<p>New Course – This course is a new addition to our course catalog.</p>
	<p>Updated Course – This course is an updated version of an existing course.</p>
	<p>YouTube Preview Available – Click here or scan this QR Code to access our YouTube Channel to view 1-minute previews.</p> 

Parents as Teaching Partners

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
326 	Dare to Dive Into Data <i>Offered bilingually or available in English/Spanish separately, as requested</i>	CCSD ELL	Dive into activities that provide opportunities to collect, organize, represent, and interpret data. Take a closer look at surprising results in real-world applications, by collecting and graphing data sets.	Families with students in grades 3-8	1 hour session
327 	Data and DESMOS: The Perfect Ordered Pair <i>Offered bilingually or available in English/Spanish separately, as requested</i>	CCSD ELL	Data fluency is a must-have skill set in today's digital workplace. Success starts with knowing how to find the meaning in every dataset. Explore math with DESMOS, a free graphing calculator!	Families with students in grades 6-12	1 hour session
329 	Drop. Stop. Don't Pop! Launching into Design and the Scientific Process <i>Offered bilingually or available in English/Spanish separately, as requested</i>	CCSD ELL	Inspire future scientists and engineers! Families will work as an engineering team to build an amusement park ride with inexpensive materials. Parents will learn how to work with their children and guide them in creating a science and engineering board with success.	Families with students in grades K-8 (Adults and children may attend class together) <i>Session limited to 100 participants per event</i>	1 hour session 
514 	Help Support Your Child to Focus on Learning	Nevada PEP	Do you find that homework and other tasks can be challenging for your child to complete? Learn about the difficulties children have with focusing, their different learning styles, and strategies that can help you help your child focus better. <i>(This training is geared toward families with children with all disabilities. Nonetheless, the material is accessible to all parents interested in learning about supporting their children in literacy.)</i>	Families with students in grades K-12	1-1.5 hour session
318	Language Development at Home and at School <i>Recommended for ELL Cohort C Schools but available to ALL schools</i> <i>Offered bilingually or available in English/Spanish separately, as requested</i>	CCSD ELL	This session will provide parents and caregivers an understanding of how students are identified as an English Language Learner based on their language development levels. They will learn the difference between social and academic language and will engage in interactive games to promote academic conversations in everyday interactions.	Families with students in grades PK-12	1 hour session

Revised October 2018

*Unless otherwise stated, all courses may be delivered simultaneously in Spanish through the use of translation equipment. Contact your FSL or the UFL Campus for further information.

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
105M	Preparing Your Child for Standardized Testing in Middle School	CCSD FACES	Testing is required in all CCSD schools for two main purposes. One is to find out how well an individual student is learning in the classroom. The other purpose is to find out how well the school is meeting local and national benchmarks for student achievement. Assessment examples and ways parents can help relieve test anxiety, stress, and pressure will be presented.	Families with students in grades 6-8 <i>(Adults ONLY)</i>	45 minutes – 1 hour session
310 	Reading Hints for Early Teens & Tweens <i>Offered bilingually or available in English/Spanish separately, as requested</i>	CCSD ELL	This session will provide parents and families an understanding of literacy and strategies to build academic language at home. Parents will also learn ways to motivate their children to read and enjoy informational text and literature.	Families with students in grades 6-8	1 hour session
316 	S.T.E.M. Engineering Adventures Science, Technology, Engineering & Math <i>Offered bilingually or available in English/Spanish separately, as requested</i>	CCSD ELL	This course is designed to spark interest in Science, Technology, Engineering, and Math practices. Parents will experience engineering challenges such as building a water tower, a parking garage, and a house, using inexpensive materials. Parents will receive materials to engage their family in similar challenges at home.	Families with students in grades PK-8 <i>Session limited to 100 participants per event</i>	1 hour session 
125MH 	Stop Summer Slide! Ideas to Continue Learning During the Summer (Secondary)	CCSD FACES	No matter their age, it's important for ALL kids to keep learning over the summer. Our FACES team will share important steps and resources to help keep tweens and teens on track to graduate prepared for college or career.	Families with students in grades 6-12	45 minutes – 1 hour session  
302	Textbook Detective <i>Offered bilingually or available in English/Spanish separately, as requested</i>	CCSD ELL	A textbook is a powerful tool in increasing comprehension of material in content areas. This course offers strategies to help your child navigate a textbook/eTextbook effectively.	Families with students in grades 6-12	1 hour session

Revised October 2018

*Unless otherwise stated, all courses may be delivered simultaneously in Spanish through the use of translation equipment. Contact your FSL or the UFL Campus for further information.

Navigating the School System

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
102  	"Can We Talk?" Effective Home-School Communication <i>Available in ONLINE FORMAT here!</i> 	CCSD FACES	This informative workshop will teach you how to create an authentic partnership with your child's school and teachers every year. Thanks to email, school websites and social networking sites, families and educators communicate with each other more easily and frequently. Additionally, the session will present the steps to take if there is a breakdown in communication in the Clark County School District.	Families with students in grades PK-12 <i>(Adults ONLY)</i>	45 minutes – 1 hour session 
103MH 	Attendance Matters: Helping Your Child Succeed in School (Secondary) <i>Recommended for ELL Cohort C Schools but available to ALL schools</i> <i>Available in ONLINE FORMAT here!</i> 	CCSD FACES	Good attendance isn't just about school policies; it is an important part of school success. There is a strong link between regular, consistent attendance and student achievement. Absenteeism is a red alert that students will drop out of high school. Come and learn what attendance includes, why it's important and how to develop family routines.	Families with children in grades 6-12 <i>(Adults ONLY)</i>	45 minutes – 1 hour session 
543 	College: Preparing & Paying for the Future	The Public Education Foundation	Higher education can be costly so it's best to prepare. This workshop will help families learn how to prepare and pay for the costs associated with earning certificates and degrees after high school.	Families with students in grades 6-12 (Adults and students are encouraged to attend class together)	1 hour session
512	Considering College? Learn What's Available and How To Get It	Nevada PEP	Have a student who is thinking about going to college? This workshop will guide you where to go, what to ask, and how to apply to help you support your student as they get ready for the next chapter as a college student. Parents and students are encouraged to attend this workshop together. <i>(This training is geared toward families with children with all disabilities. Nonetheless, the material is accessible to all parents interested in learning about supporting their children.)</i>	Families with students in grades 9-12 (Adults and students are encouraged to attend class together)	1-1.5 hour session

Revised October 2018

*Unless otherwise stated, all courses may be delivered simultaneously in Spanish through the use of translation equipment. Contact your FSL or the UFL Campus for further information.

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
321	Get College Ready vs. College Eligible	CCSD Equity and Diversity Education	Attendees will learn what it means to be "college-ready" and where high school students currently stand on that score. The presentation will provide information/resources regarding the sets of knowledge and skills needed for college access.	Families with students in grades 9-12 (Adults and students may attend class together)	1 – 1.5 hour session
536 	How To Pay for College	UNLV/CAEO TRIO EOC Program	Individuals will learn of the various types of Federal Student Aid, which provide students financial assistance in the forms of grants, loans, and work-study. We will discuss subsidized and unsubsidized loans and review the FAFSA (Free Application for Federal Student Aid).	Adult family members of CCSD students and High School Seniors	45 minute session
104   	Infinite Campus Parent Portal Workshop Available in ONLINE FORMAT here! 	CCSD FACES	The Clark County School District utilizes a web-based system to help you more effectively monitor the progress of your child. This system provides detailed, real-time information, including: demographics, schedules, assignments, assessment scores, calendar, grades, attendance, graduation progress, academic planner, to do lists, reports, and district and school notices. <i>(Preferred setting: Computer Lab)</i>	Families with students in grades PK - 12	30-45 minute session  <i>(Allow for additional time if parents will have hands-on experience.)</i>
304	Insight into Graduation Requirements <i>ONLINE FORMAT coming soon!</i>	CCSD FACES in partnership with CCSD Guidance & Counseling	This course guides parents through the graduation requirements in CCSD. We will cover Infinite Campus, the CCSD transcript, Graduation Programs, diploma types, and additional testing and course requirements. All parents of high school students and those entering high school are welcome to attend and will leave with the knowledge that will assist them in helping their child graduate from high school.	Families with students in grades 6 - 12	1.5 hour session
328	Is Your Child Future Ready?: Exploring Magnet, Select, and Career & Technical Schools	CCSD Magnet Schools and Career & Technical Academies	Parents will learn about the many choice options in CCSD that include magnet programs, Select Schools, and Career and Technical Education opportunities. By participating in one of these programs, students can get a jump start on their future and be college and career ready.	Families with students in grades PK – 12 (Adults and students may attend class together)	30 minute – 1 hour session 
426  	Juntos Family College Preparedness Workshops	UNCE	<i>Juntos</i> (pronounced "who-n-toes") means "together" in Spanish. This program works to unite community partners to provide students and their parents with knowledge, skills, and resources to prevent youth from dropping out. Families will learn how to work together to gain access to college.	Families with students in grades 6-12 (Adults and children may attend class together)	Six 1 hour sessions

Revised October 2018

*Unless otherwise stated, all courses may be delivered simultaneously in Spanish through the use of translation equipment. Contact your FSL or the UFL Campus for further information.

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
113	No More Paper! The Flipped & Blended Classrooms	CCSD FACES	While technology has been changing classrooms for years, educators say it is growing and altering the way students learn. Across the nation, elementary, middle and high school students are using everything from desktops, laptops, tablets, and smartphones to log on and link together with their classmates and teachers. This course will inform parents of some new ways educators teach without paper and textbooks. We encourage participants to bring a device such as a smart phone or tablet, if possible, for hands-on learning.	Families of students in grades 3-8 <i>(Adults ONLY)</i>	1 hour session
319	Our Journey Together: Success for all Students <i>Recommended for ELL Cohort C Schools but available to ALL schools</i> <i>Offered bilingually or available in English/Spanish separately, as requested</i>	CCSD ELL	The Clark County School District Master Plan for English Language Learner Success was created to ensure all students achieve. Come to this session to learn how the ELL Master Plan was built to ensure that students graduate college and career ready.	Families of students classified as English Language Learners	1 hour session
534	Planning for Change: School to Adult Transition	Nevada PEP	This class will provide information on the areas related to transitioning from student to adult (ages 14-22), including post-secondary. Both students and parents are invited to learn how to prepare for the Individualized Education Plan (IEP) and take an active role at the IEP meeting as they transition to adulthood. <i>(This training is geared toward families with children with all disabilities.)</i>	Families with students in grades 6-12 receiving Special Education services (Adults and students are encouraged to attend class together)	1-1.5 hour session
545 	Scholarship Application Tips	The Public Education Foundation	Fill your toolbox with tips about the five main "ingredients" for scholarship applications and discuss where, what, and for which scholarships to apply.	Families with students in grades 6-12 (Adults and students are encouraged to attend class together)	1 hour session
117	Transitions in Education: Preparing for High School	CCSD FACES	The transition to high school can be overwhelming. This workshop will provide you with information and resources to support your child's academic progress. Learn about the various high school options within the District and the multiple course offerings that are available to CCSD students.	Families with students in grades 8-9	45 minutes – 1 hour session

Revised October 2018

*Unless otherwise stated, all courses may be delivered simultaneously in Spanish through the use of translation equipment. Contact your FSL or the UFL Campus for further information.

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
119	Transitions in Education: Thriving in Middle School	CCSD FACES	Middle school children may be experiencing many changes during these years both academically and personally. They may be starting more strenuous course work while also forming more social connections. Many children in this age group experience growth spurts as they move into adolescence. This workshop will provide ideas to help support your child's personal and academic development.	Families with students in grades 6-8	45 minutes – 1 hour session
508 	Understanding Individualized Education Plans (IEP)	Nevada PEP	Parents are key members of their child's IEP team. This workshop includes an in-depth look at the Individualized Education Plan (IEP), including how to use evaluations to write measurable goals, as well as strategies to help parents be more active in their child's IEP meetings. <i>(This training is geared toward families with children with all disabilities.)</i>	Families of students receiving Special Education services	1-1.5 hour session
331 	Unity in Diversity: A Long-Term English Language Learner Framework <i>Recommended for ELL Cohort B Schools but available for ALL schools</i> <i>Offered bilingually or available in English/Spanish separately, as requested</i>	CCSD ELL	<i>Unity in Diversity: A Long-Term English Language Learner Framework</i> shares supports that help accelerate the achievement of academic language for long-term English language learners. Equip yourself with the tools and resources to begin exploring career options for your child.	Families of students in grades 3-12 who are English Language Learners	1 hour session
330	Unity in Diversity: A Newcomer Framework <i>Recommended for ELL Cohort B Schools but available for ALL schools</i> <i>Interpretation may be available in: Swahili, Farsi, Arabic, Amharic, Tigrinya, French, Spanish, & Tagalog</i>	CCSD ELL	<i>Unity in Diversity: A Newcomer Framework</i> will assist you and your child in making a smooth transition into the school community. Equip yourself with the knowledge necessary to navigate new educational experiences and find out about the supports available to promote the success of your child.	Newcomer families who have recently arrived to the United States	1 hour session
335 	What's Next? Exploring Opportunities after High School	CCSD Career & Technical Education	Learn about options available to all students after they complete high school such as internships, apprenticeships, job-training programs, certifications, credentials, and more.	Families with students in grades 6-12 (Adults and children may attend class together)	30-45 minute session

Revised October 2018

*Unless otherwise stated, all courses may be delivered simultaneously in Spanish through the use of translation equipment. Contact your FSL or the UFL Campus for further information.

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
544  	Writing Resumes and Essays for Scholarships	The Public Education Foundation	Explore in-depth tips and tricks for writing resumes and essays to obtain scholarships successfully. Participants will leave with a resume of their own and explore successful essay submissions.	Families with students in grades 9-12 (Adults and students are encouraged to attend class together)	1 hour session

Parent Leadership

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
301 	Anti-Bullying Tips for Parents & Families	CCSD Equity & Diversity Education	This workshop is designed to support community members with gaining knowledge on building a safe, secure, and respectful learning environment for all students. The school district strives to address bullying and cyberbullying so that there is no disruption of the learning environment and learning process.	Families with students in grades PreK-12	1.5 hour session
322	Bicycle and Pedestrian Safety Clinic – Train the Trainer Workshop	CCSD Safe Routes to School	The Train the Trainer Workshop teaches participants how to organize and hold successful bike rodeos for students at their school or other location. Bike rodeos teach students fundamental bicycle handling skills in a structured format. Workshop participants learn how to plan and organize a tailored bike rodeo; select and set-up stations; enlist volunteers and sponsors; time management strategies and more! <i>Hours spent organizing and leading a bike rodeo will be documented for University of Family Learning certification hours up to 5 hours.</i>	Families with students in grades PreK-8; Parent Groups	1.5 hour session
502	Bullies, Targets & Bystanders: Responses That Work	Nevada PEP	Join us as we discuss the dynamics of bullying, including what bullying is, types of bullying, who is bullied, and why children are bullied. Other topics include steps to intervene in bullying behavior, how to encourage students who witness bullying to take action, the role of the school, and laws and policies. Don't miss this valuable training to learn about the steps parents can take to stop bullying. <i>(This training is geared toward families with children with all disabilities. Nonetheless, the material is accessible to all parents interested in learning about supporting their children.)</i>	Adult family members of CCSD students	1-1.5 hour session
541 	Bullying Prevention and Warning Signs	Anti-Defamation League	This course is designed to give parents a basic understanding of what signs and symptoms to look for in their child regarding bullying. It will also give parents and families and opportunity to learn what steps they can take at home to prevent bullying, how to report it, and the state laws regarding bullying.	Families with students in grades PK-12	1.5 hour session
333  	Girls in S.T.E.M. Science, Technology, Engineering & Math	CCSD Career & Technical Education	Statistics vary by country and by discipline, but generally speaking, women make up a significantly smaller percentage of the current STEM workforce, and the gap is broadening. This course emphasizes the importance of encouraging and supporting young girls in STEM and technology subjects in school and beyond.	Families with students in grades 6-12 (Adults and children may attend class together)	30-45 minute session

Revised October 2018

*Unless otherwise stated, all courses may be delivered simultaneously in Spanish through the use of translation equipment. Contact your FSL or the UFL Campus for further information.

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
332 	Most Wanted: Trending Apps Used by Teens for Cyberbullying	CCSD Equity & Diversity Education	<p>Social media and apps serve as a platform to help kids communicate, connect with others, share their feelings, form study groups and much more. However, social media and apps can be used for cyberbullying. Kids are able to use these free apps to search for people and share information about others anonymously.</p> <p>In this training, parents will have the opportunity to understand the definition of cyberbullying. Parents will download and learn how to use the top applications/social media platforms kids are using for cyberbullying. Most importantly, parents will get an overview of how to promote upstander and digital leadership behaviors with their children.</p>	Families with students in grades 4-12	1.5 hour session
323	Organizing a Walking School Bus or Bike Train at Your School	CCSD Safe Routes to School	<p>Walking school buses combine safety and fun with the walk to school. A walking school bus is a group of children walking to school with one or more adults. This course will outline the benefits of starting a walking school bus (including improved attendance rates) and deciding if a walking school bus is the right fit. Examples of successful walking school buses in CCSD will be presented.</p> <p><i>Hours spent organizing and leading a walking school bus or bike train will be documented for University of Family Learning certification hours up to 40 hours.</i></p>	Families with students in grades PK-8	1 hour session
126	Parent Organizations: The Choice is Yours <i>School Administration must be present at workshop</i>	CCSD FACES	<p>It doesn't take much time to get a parent-teacher organization started. Find just one parent in your school/community to take the lead, and before you know it, there will be a group of dedicated parents doing what parent teacher organizations do best: providing resources and programs to all families, students, teachers, and school staff. In six steps you can create the organization that works best for your community. FACES has prepared sample materials and gathered resources to guide you as you and your team build the foundation of engaged and committed parent leaders.</p>	Families with students in grades PK-12; Parent Groups	1 hour session
128	Raising a Digital Leader	CCSD FACES	<p>This workshop provides information on how to keep children safe while using the internet. Learn how to be a positive Digital Leader, set boundaries and rules, and how to avoid common internet scams. Families will also review CCSD's internet usage rules and regulations.</p>	Families with students in grades PK-12	1 hour session
506	Safe and Secure Online	NV Energy	<p>This course is designed to provide participants with cybersecurity education and awareness training in order to secure their online lives. Participants will learn how to look for signs of technology based problem and threats, and how to protect themselves and their children from online predators. The instructor will use research-based information to assist family members to become responsible digital citizens.</p>	Adult family members of CCSD students	2 hour session

Revised October 2018

*Unless otherwise stated, all courses may be delivered simultaneously in Spanish through the use of translation equipment. Contact your FSL or the UFL Campus for further information.

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
334 	TECHNOLOchicas <i>Offered bilingually or available in English/Spanish separately, as requested</i>	CCSD Career & Technical Education	This course is designed to raise awareness among young Latinas and their families about opportunities and careers in technology. TECHNOLOchicas uses the powerful stories of Latinas from diverse backgrounds, who are in technology fields, and recognize the power of innovation to change the world. This course highlights the importance of encouraging and supporting young Latinas in STEM and technology subjects in school and beyond.	Families with students in grades 6-12 (Adults and children may attend class together)	30-45 minute session
533 	The Dark Side of Social Media	Las Vegas Metro Police Dept.	What every parent needs to know about the negative impact social media can have on their children and how they can protect them.	Adult family members of CCSD students; Large crowds <i>(After School ONLY; Students ages 14 and older are allowed to attend with their parents)</i>	1.5 hour session 

Family Wellness & Development

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
325	Active and Healthy Families: Special Events and Programs to Boost Physical Activity	CCSD Safe Routes to School	The Safe Routes to School (SRTS) program facilitates several events each school year to encourage students and parents to be physically active. In addition to highlighting these events and programs, the course will cover the relationship between physical activity and academic achievement; and how parents can take a leadership role in planning and organizing a special event at their child's school. <i>Hours spent organizing and leading a Walk N Roll program will be documented for University of Family Learning certification hours up to 5 hours.</i>	Families with students in grades PK-8	1 hour session
507	Avoiding Scams and Identity Theft	Money Management International	This workshop will define a scam, identify rip-offs and unwise decisions, and review the billions of dollars lost by consumers. Participants will learn why schemes don't work and will be provided with information for filing complaints. We will discuss scams such as charity solicitations, fraud through mail. Credit repair, travel scams, work at home, pyramid sales, grocery delivery services, and predatory lending. The workshop cautions consumers of the many tricksters whose attractive schemes and offers could prove to be costly.	CCSD High School Students and Adult family members of CCSD students	1 hour session
539 	Budgeting, the Psychology of Money	Universal Retirement	Understand why you think about money the way you do. Learn how bad money habits can be overcome. Take control of your money by creating a budget and learning how to live within your financial limits. It is not about how much money you make, but how much money you spend.	Adult family members of CCSD students	1 hour session
201a 	Conversational ESL: English as a Second Language (ESL) for Adults <i>Ongoing at FACES Family Engagement Centers (FECs)</i>	CCSD FACES	This interactive course introduces adults to basic structures and vocabulary of the English language through the skills of reading, writing, speaking, and listening. Students learn strategies in order to advance their reading, listening, and pronunciation skills. This workshop changes each session and varies at each FACES Family Engagement Center.	Adult family members of CCSD students	Varies by location
201c 	Conversational Spanish: Spanish as a Second Language for Adults <i>Ongoing at select FACES Family Engagement Centers (FECs)</i>	CCSD FACES	This interactive course introduces adults to basic structures and vocabulary of the Spanish language through the skills of reading, writing, speaking, and listening. Students learn strategies in order to advance their reading, listening, and pronunciation skills. This workshop changes each session and varies at FACES Family Engagement Centers.	Adult family members of CCSD students	Varies by location

Revised October 2018

*Unless otherwise stated, all courses may be delivered simultaneously in Spanish through the use of translation equipment. Contact your FSL or the UFL Campus for further information.

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
542 	Cooking Matters	Three Square	<p>Cooking Matters is a free class that teaches skills for buying healthy foods on a budget. The class focuses on:</p> <ul style="list-style-type: none"> • USDA My Plate Guidelines • Buying fruits & vegetables on a budget • Comparing unit prices to find bargains • Reading & comparing food labels • Identifying whole grains • Sticking to an affordable budget <p>After the class, participants receive a free booklet full of tasty recipes and simple tips on buying healthy, low cost foods.</p>	Families with children ages 0-5; Families with students in grades PK-12 (Adults and children may attend class together)	45 minutes – 1 hour session
503	Credit Reports & Scores	Money Management International	Building and maintaining favorable credit will allow you to achieve a better lifestyle. Learn how to define and manage your credit as a consumer, what makes up a credit score, which items affect credit history, and the effects of collection accounts and debt. Topics will include credit reporting, credit histories, credit worthiness, communication with creditors, bankruptcy, advantages and disadvantages of credit, credit abuse and recognizing scams.	Adult family members of CCSD students	1 hour session
129 	Drugs: The Reality	CCSD FACES in partnership with CCSD Safe & Drug Free Schools	Families and workshop participants will be introduced to the new laws regarding drugs. They will learn how to identify and recognize the drug culture surrounding our children. Families will learn how to identify drug-related clothing, language, and everyday products commonly used by youth today. Participants will leave with online and local resources.	Families with students in grades 6-12 <i>(Adults ONLY)</i>	1 hour session
422	English as a Second Language (ESL) for Adults <i>Offered at the Family Engagement Center (FEC) at Ullom ES and Academic Support & Community Service Center (ASCSC) ONLY</i>	CSN	This course introduces adults to basic structures and vocabulary of the English language through the skills of reading, writing, speaking, and listening. Students learn strategies in order to advance their reading, listening, and pronunciation skills.	Adult family members of CCSD students	Varies by location
547 	Escalation: Warning Signs of Relationship Abuse	SafeNest	The Escalation Workshop is a film-based discussion that opens people's eyes to the warning signs of relationship abuse. The workshop consists of a film, <i>Escalation</i> , followed by a guided discussion led by a trained facilitator. This program is from the One Love Foundation and provides education about the varied signs of abuse, sparking eye-opening discussions about what healthy and unhealthy relationships look like.	Families with students in grades 6-12 (Adults and children may attend class together)	1.5 hour session

Revised October 2018

*Unless otherwise stated, all courses may be delivered simultaneously in Spanish through the use of translation equipment. Contact your FSL or the UFL Campus for further information.

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
406	Expanded Food and Nutrition Education Program (EFNEP)	UNCE	Join the Expanded Food and Nutrition Education Program (EFNEP)/Eating Smart and Being Active classes and learn how to save money and eat smart! Our eight-lesson class series will teach you to <ul style="list-style-type: none"> • Save money and plan tasty, healthy meals for your family • Prepare new recipes and eat more meals at home • New ways to enjoy fruits and vegetables • Control portion sizes • Prepare and store food safely and prevent waste • Prepare nutritious and delicious recipes • Be more physically active with your children 	Adult family members of CCSD students	2 hour sessions two times a week for 5 weeks
201b 	Hello English! English Learning Opportunities for Adults	CCSD FACES	This one-time workshop introduces adults to the Conversational English as a Second Language classes (Course #201a) presented daily at FACES Family Engagement Centers. The session includes some of the interactive strategies used to help adults advance their English reading, listening, writing, and speaking skills.	Adult family members of CCSD students	45 minutes – 1 hour session
537	Helping Children with Loss	Adam's Place	One in five children in the USA will experience the death of a loved one before they reach the age of 18. Children grieve differently than adults, and parents are often at a loss of determining what is normal and how they themselves can help, their family navigate this process. In three sessions, learn how children process loss and death, and tools you can give your child for dealing with loss and grief, and learn self-care for yourself so you can better help your family and child readjust to the loss.	Adult family members of CCSD students	3 weekly 1.5 hour sessions
201d 	Hola Español! Spanish Learning Opportunities for Adults	CCSD FACES	This one-time workshop introduces adults to the Conversational Spanish as a Second Language classes (Course #201c) presented at select FACES Family Engagement Centers. The session includes some of the interactive strategies used to help adults advance their beginning Spanish reading, listening, writing, and speaking skills.	Adult family members of CCSD students	45 minutes – 1 hour session
538	Identifying Depression, Anxiety, and Trauma in Children and Adolescents	Family and Child Treatment of Southern Nevada	This course will provide information regarding signs and indicators of depression, anxiety, and trauma specifically in children and adolescents, as well as suggestions for parents on how to respond to and help their children struggling with depression, anxiety, and/or trauma.	Adult family members of CCSD students	1.5 hour session
531	Immigration 101	U.S. Citizenship and Immigration Services	This workshop provides information about family-based immigration as well as basics about how the United States immigration system works.	Adult family members of CCSD students	1-2 hour session
550	Important Papers	Money Management International	Disasters often strike without warning and can leave a family searching for personal and financial documents. Learn how to organize important papers so that you can be prepared during a time of crisis!	CCSD High School Students and Adult family members of CCSD students	1 hour session

Revised October 2018

*Unless otherwise stated, all courses may be delivered simultaneously in Spanish through the use of translation equipment. Contact your FSL or the UFL Campus for further information.

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
509	It's Not Just Jenna: Abuse Prevention	Rape Crisis Center	"It's Not Just Jenna" presents the story of Jenna, a young woman who was sexually abused by a family friend. The story follows how her family discovered the abuse, and came together to get help for Jenna. The story of this family's healing helps parents understand how to prevent and address sexual abuse in an empowering way. Attendees will <ul style="list-style-type: none"> • Learn strategies for sexual abuse prevention • Recognize the signs that an adult may present a risk to children • Recognize the signs that a child may be experiencing abuse • Understand the steps for responding to a child who discloses abuse 	Adult family members of CCSD students	1 hour session
501	Managing Income and Expenses	Money Management International	Is your money getting away from you? Where is it going? This class offers ideas and suggestions relative to planning and building for a brighter financial future through the basics of and how-to of creating a workable sustainable budget.	Adult family members of CCSD students	1 hour session
511	Money Management International: Who We Are and What We Do	Money Management International	Do you feel like there's more month than money? Do you have credit issues or are you trying to build your credit? Are you thinking about home ownership? Want to get a certificate or college degree or own a small business? Learn about programs, services and resources that will help you meet your financial goals!	Adult family members of CCSD students	60 minute session
532	Naturalization 101	U.S. Citizenship and Immigration Services	This workshop provides information on the process of becoming a U.S. citizen for those who currently have permanent residency status.	Adult family members of CCSD students	1-2 hour session
516	Parenting the Positive Discipline Way	Illuminations Counseling	This class is group-focused on building an understanding between the parent and the child. Parents learn skills to use with their child for assisting their child to discover how capable they are.	Families with students in grades PK-12 (Adults and children may attend class together)	3 weekly 1.5 hour sessions
548 	Project LISTOS! English Language Acquisition and Basic Adult Education <i>Offered at Edwards ES, Fitzgerald ES, Martinez ES, West Prep, and the Family Engagement Center (FEC) at Wynn ES ONLY</i>	Las Vegas Urban League	<i>Project LISTOS!</i> is a comprehensive English Language Acquisition program that uses a bilingual (English/Spanish) curriculum to teach parents language skills, leadership development, technology, and more. This allows for parents to become self-sufficient, supportive and engaged members of the parent community so they can best support their children's development and education during crucial and formative years.	Families with students in grades PK-12	Varies by location

Revised October 2018

*Unless otherwise stated, all courses may be delivered simultaneously in Spanish through the use of translation equipment. Contact your FSL or the UFL Campus for further information.

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
415 	Staying Connected with Your Teen <i>Available separately in Spanish Course 415S Permanezca Conectado con su Adolescente</i>	Clark County DFS Parenting Project	Staying Connected with Your Teen is a six-session program where parents and youth, ages 11 to 17, learn to work cooperatively to improve their relationship, communicate more effectively and develop mutual trust and respect. Parents and youth participate in problem-solving, conflict resolution and asset-building activities designed to promote a nurturing and supportive family environment.	Families with students in grades 6-12 (Adults and students attend the class together)	6 weekly 2 -2.5 hour sessions
324	Street Smarts: Encouraging Safe Walking and Bicycling to and from School	CCSD Safe Routes to School	Walking and bicycling to and from school provides many benefits to students. Learn about those benefits and the following: teaching children to walk and bicycle safely to and from school, the importance of being a role model, and an overview of a parent led walking school bus or bicycle train program. <i>Hours spent organizing and leading a Thank You for Driving Safely campaign will be documented for University of Family Learning certification hours up to 2 hours for each campaign.</i>	Families with students in grades PK-8; Parent Groups	1 hour session
546 	Teen Dating Violence <i>Schools may wish to schedule an accompanying student presentation "Dating 101" for students ONLY.</i>	SafeNest	This workshop takes a closer look at teen dating violence. This is specifically done by facilitators discussing the unique culture that teens live in. Facilitators explore the unique aspects of teen relationships with participants and go into some myths surrounding teen culture. We will examine how the different types of abuse appear uniquely in teen relationships. From there, the discussion continues to best practices working with and advocating with and for teens, and how to obtain a temporary protection order for teens. The presentation concludes with local and national resources for teens in violent relationships.	Families with students in grades 6-12 <i>(Adults ONLY)</i>	1 hour session
412	Teen Triple P: Teen Positive Learning Program	Clark County DFS Parenting Project	In the Teen Triple P course, parents and caregivers learn new parenting skills and improve existing skills to support the development of their teenager. This eight-session program provides parents with strategies to increase desirable teen behaviors and manage problem behaviors in a constructive and caring manner to reduce conflict and minimize risk behavior.	Families with children ages 13-17 <i>(Adults ONLY)</i>	8 weekly 2 hour session
521	The Climb: Never Give Up	Never Give Up Foundation	This 5-hour course offers best practices for engaging family members in meaningful interactions with the goal of creating common ground and appropriate communication within the family unit. Instructors present situations based upon real life situations along a theme where detachment from one another can pose long-term challenges. Guided discussions and breakout groups will work through ways to keep lines of communication open within the family. <ul style="list-style-type: none"> • Week 1: Purpose • Week 2: Setting the Tone • Week 3: Emotional Resiliency • Week 4: Celebrating the Wins • Week 5: Letting Go 	Families with students in grades PK-12	5 weekly 1 hour sessions <i>(not necessary to attend all sessions)</i>

Revised October 2018

*Unless otherwise stated, all courses may be delivered simultaneously in Spanish through the use of translation equipment. Contact your FSL or the UFL Campus for further information.

Explanation of Terms

CCSD	Clark County School District
CSN	College of Southern Nevada
DFS	Department of Family Services
EDE	Equity & Diversity Education Department
ELL	English Language Learner Division
FACES	Family And Community Engagement Services
NICRP	Nevada Institute for Children's Research and Policy
SNRPDP	Southern Nevada Regional Professional Development Program
SRTS	Safe Routes to School
UNCE	University of Nevada Cooperative Extension
UNLV	University of Nevada, Las Vegas
Vegas PBS	Vegas Public Broadcasting System