

## Actividades Antes de Escribir

### Movimientos Grandes (Músculos Mayores)

- Atrapar una pelota
- Caminar de lado
- Escalar una pared
- Usar el pasamanos
- Lanzar objetos

### Movimientos Pequeños (Músculos Menores)

- Usar plastilina para manualidades, o arcilla
- Comer con las manos (Chicharos, cereal, etc.)
- Reventar burbujas de plástico
- Usar alfileres
- Usar pinzas
- Cortar papel
- Jalar una cinta
- Coser botones
- Tejer
- Usar una cuchara
- Cortar
- Organizar dulces

### Escribir en superficies verticales

- Escribir en la pared
- Escribir en un caballete
- Escribir en un espejo
- Escribir en una ventana
- Escribir en un pizarrón
- Escribir en un pizarrón blanco
- Escribir las letras del primer nombre

### Escribir con los dedos:

- Con crema de afeitar
- Con harina
- Con arroz
- Con sal
- Con arena

## Recursos y Ayuda para Escribir

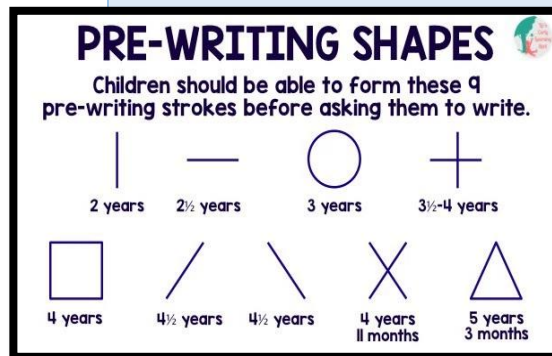
- Escritorio o mesa
- Caballete
- Silla cómoda
- Lámpara
- Contenedores para organizar cosas
- Aparatos electrónicos: Computadora, Tablet, celular
- Notas adhesivas
- Papel
- Sobres
- Estampillas
- Marcador
- Lápices  
Colores  
Lapiceros
- Borradores
- Bolígrafos  
Bolígrafos Delebles  
Plumas
- Corrector
- Portapapeles
- Máquina de escribir
- Alfabeto
- Papel cuadricula
- Tinta invisible
- Gis
- Un tarro
- Diario o cuaderno
- Fichas
- Marcadores y lápices de color
- Calcomanías

### Enseñar a su hijo hablar de la escritura y el dibujo:

- Estoy trabajando en...
- Necesito ayuda en...
- Quiero aprender como...
- Lo mejor de mi escritura/dibujo es...
- Lo que escribo se trata de...
- Creo que lo que tengo que mejorar es...

### Libros

- Alma and How She Got Her Name* by Juana Martinez-Neal
- Author a True Story* by Helen Lester
- Arthur Writes a Story* by Marc Brown
- Click, Clack, Moo, Cows That Type* by Doreen Cronin
- Dear Mr. Blueberry* by Simon James
- Dear Mrs. LaRue* series by Mark Teage
- From Pictures to Words* by Janet Stevens
- How to Heal a Broken Wing* by Bob Graham
- How This Book Was Made* by Mac Barnett
- Ish* by Peter H Reynolds
- I Wanna...* series by Karen Kaufman
- Little Red Writing* by Joan Holub
- Look at my Book* by Loreen Leedy
- Max's Words* by Kate Banks
- One Day, The End* by Rebecca Kai Dotlich
- Ralph Tells a Story* by Abby Hanlon
- Rocket Writes a Story* by Tad Hills
- A Squiggly Story* by Andrew Larson
- The Best Story* by Eileen Spinelli
- The Plot Chickens* by Mary Jane Auch



Pre-Writing & Early Writing Activities	Resources & Tools	
<p><b>Gross Motor</b> <small>(Large Muscles)</small></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Catch a large ball</li> <li><input type="checkbox"/> Crab walking</li> <li><input type="checkbox"/> Climbing wall</li> <li><input type="checkbox"/> Monkey bars</li> <li><input type="checkbox"/> Toss a beanbag to a target</li> <li><input type="checkbox"/> Crawl through tunnels</li> <li><input type="checkbox"/> Jump on a trampoline</li> <li><input type="checkbox"/> Swim</li> <li><input type="checkbox"/> Yoga for kids</li> </ul> <p><b>Fine Motor</b> <small>(Small Muscles)</small></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Playdough, goop, slime, or clay</li> <li><input type="checkbox"/> Pick up finger foods (peas, cereal, etc.)</li> <li><input type="checkbox"/> Pop bubble wrap</li> <li><input type="checkbox"/> Pinching clothes pins</li> <li><input type="checkbox"/> Tongs</li> <li><input type="checkbox"/> Tearing paper</li> <li><input type="checkbox"/> Pulling tape</li> <li><input type="checkbox"/> Lacing, sewing, or threading buttons</li> <li><input type="checkbox"/> Weaving, beading</li> <li><input type="checkbox"/> Using a spoon</li> <li><input type="checkbox"/> Cutting</li> <li><input type="checkbox"/> Candy Sorting</li> </ul> <p><b>Write on vertical surfaces</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Write on the wall</li> <li><input type="checkbox"/> Write on an easel</li> <li><input type="checkbox"/> Write on a mirror</li> <li><input type="checkbox"/> Write on a window</li> <li><input type="checkbox"/> Write on a chalkboard</li> <li><input type="checkbox"/> Write on Whiteboard</li> <li><input type="checkbox"/> Letters in first name</li> </ul> <p><b>Write with fingers:</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Shaving cream</li> <li><input type="checkbox"/> Flour</li> <li><input type="checkbox"/> Rice</li> <li><input type="checkbox"/> Salt</li> <li><input type="checkbox"/> Sand</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Desk or Table</li> <li><input type="checkbox"/> Easel</li> <li><input type="checkbox"/> Comfortable chair</li> <li><input type="checkbox"/> Lamp</li> <li><input type="checkbox"/> Organizing Containers</li> <li><input type="checkbox"/> Technology: Computer, tablet, cell phone</li> <li><input type="checkbox"/> Sticky notes</li> <li><input type="checkbox"/> Paper, stationery</li> <li><input type="checkbox"/> Blank and Lined</li> <li><input type="checkbox"/> Envelopes</li> <li><input type="checkbox"/> Stamps</li> <li><input type="checkbox"/> Highlighters</li> <li><input type="checkbox"/> Pencils</li> <li><input type="checkbox"/> Colored Pencils</li> <li><input type="checkbox"/> Mechanical Pencils</li> <li><input type="checkbox"/> Erasers</li> <li><input type="checkbox"/> Pens</li> <li><input type="checkbox"/> Erasable Pens</li> <li><input type="checkbox"/> Feather pens</li> <li><input type="checkbox"/> Correction fluid</li> <li><input type="checkbox"/> Clipboard</li> <li><input type="checkbox"/> Old typewriter</li> <li><input type="checkbox"/> Alphabet strips</li> <li><input type="checkbox"/> Chart paper</li> <li><input type="checkbox"/> Invisible Ink</li> <li><input type="checkbox"/> Sidewalk chalk</li> <li><input type="checkbox"/> Jar</li> <li><input type="checkbox"/> Journal or notebook</li> <li><input type="checkbox"/> Index cards</li> <li><input type="checkbox"/> Markers and Crayons</li> <li><input type="checkbox"/> Stickers or decals</li> </ul>	<p><b>Teach the child to talk about writing &amp; drawing:</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> I am working on...</li> <li><input type="checkbox"/> I need help...</li> <li><input type="checkbox"/> I would like to learn how...</li> <li><input type="checkbox"/> I think the strongest part of my writing/drawing is...</li> <li><input type="checkbox"/> My writing is about...</li> <li><input type="checkbox"/> I think the part I need to work on is...</li> </ul> <p><b>Books</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> <i>Alma and How She Got Her Name</i> by Juana Martinez-Neal</li> <li><input type="checkbox"/> <i>Author a True Story</i> by Helen Lester</li> <li><input type="checkbox"/> <i>Arthur Writes a Story</i> by Marc Brown</li> <li><input type="checkbox"/> <i>Click, Clack, Moo, Cows That Type</i> by Doreen Cronin</li> <li><input type="checkbox"/> <i>Dear Mr. Blueberry</i> by Simon James</li> <li><input type="checkbox"/> <i>Dear Mrs. LaRue</i> series by Mark Teage</li> <li><input type="checkbox"/> <i>From Pictures to Words</i> by Janet Stevens</li> <li><input type="checkbox"/> <i>How to Heal a Broken Wing</i> by Bob Graham</li> <li><input type="checkbox"/> <i>How This Book Was Made</i> by Mac Barnett</li> <li><input type="checkbox"/> <i>Ish</i> by Peter H Reynolds</li> <li><input type="checkbox"/> <i>I Wanna...</i> series by Karen Kaufman</li> <li><input type="checkbox"/> <i>Little Red Writing</i> by Joan Holub</li> <li><input type="checkbox"/> <i>Look at my Book</i> by Loreen Leedy</li> <li><input type="checkbox"/> <i>Max's Words</i> by Kate Banks</li> <li><input type="checkbox"/> <i>One Day, The End</i> by Rebecca Kai Dotlich</li> <li><input type="checkbox"/> <i>Ralph Tells a Story</i> by Abby Hanlon</li> <li><input type="checkbox"/> <i>Rocket Writes a Story</i> by Tad Hills</li> <li><input type="checkbox"/> <i>A Squiggly Story</i> by Andrew Larson</li> <li><input type="checkbox"/> <i>The Best Story</i> by Eileen Spinelli</li> <li><input type="checkbox"/> <i>The Plot Chickens</i> by Mary Jane Auch</li> </ul>

**PRE-WRITING SHAPES**

Children should be able to form these 9 pre-writing strokes before asking them to write.

2 years	2½ years	3 years	3½-4 years

4 years	4½ years	4½ years	4 years 11 months	5 years 3 months

## 3 Letter Words (CVC Words)

a	i	o	e	u
bad	bib	box	bed	bud
bag	big	cob	bet	bug
bat	bit	cot	fed	bun
cab	did	dot	get	bus
can	dig	fog	hen	but
cap	dip	fox	jet	cub
cat	fin	got	led	cup
dad	fit	hog	leg	cut
fan	hid	hop	let	dug
fat	him	hot	men	fun
gas	hip	job	met	gum
had	hit	jog	net	hug
ham	kid	log	pen	hut
hat	kit	lot	pet	jug
jam	lid	mom	red	mud
lap	lip	mop	set	mug
mad	lit	not	ten	nut
man	pig	pod	vet	pup
map	pin	pop	web	rub
mat	pit	pot	wet	rug
nap	rib	rod	yes	run
pad	rid	sob	yet	sub
pal	rid	top		sum
pan	rip			sun
pat	sit			tub
rag	six			tug
ram	tip			
ran	wig			
rap	win			
rat	zip			
sad				
sat				
tag				
tan				
tap				
van				
wag				

