

University of Family Learning (UFL) Course Catalog 2020-2021

The **University of Family Learning (UFL)** is an invitation for adult family members of current and future CCSD students to access valuable educational information and networking opportunities that will increase both family and student success. Family and community members are invited to participate in a variety of courses and workshops in four focus areas. Every UFL course or workshop offers credit for hours of participation. Participants who meet the yearly goal of fifty (50) credit hours are recognized at an end-of-year "Ceremony of Achievement."

Scheduling: At this time, all classes in the course catalog can be held via live virtual session and/or via pre-recorded content to accommodate distance education. To co-host a course, please contact your assigned FACES staff member listed on page 2. If no contact is listed, please email faces@nv.ccsd.net and we will route your request to the appropriate FACES staff member.

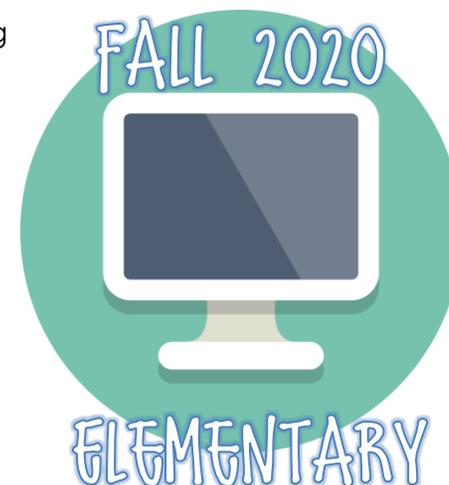
Please be advised that a school/organization staff member **must** be present during the live virtual sessions to assist with any site-specific questions that may arise.

Once scheduled, FACES staff will create a registration form for participants to pre-register. Marketing flyers, which include the registration link, will be shared with the school/organization for promotion and advertising. FACES staff will send the live meeting link to pre-registered participants prior to the live meeting. At this time, the majority of courses can be offered in English and Spanish separately. Please work with your FACES contact for any additional needs specific to your school/organization.

If you have a different scheduling request, please let your assigned FACES contact know.

Focus Areas (Please click on the area below to be directed to that section of the catalog.)

- [Parents as Teaching Partners](#)
- [Navigating the School System](#)
- [Involvement, Leadership, and Advocacy](#)
- [Promoting Wellness and Development](#)



FACES Contact Information

Name:

Position:

Email:

Phone Number:

Catalog Symbols

	"Superintendent's Selections" - Look for this symbol to see courses recommended by Dr. Jesus F. Jara, Superintendent of Schools.
	Live Virtual Session – This course is available as a live virtual session via the Google Meet platform.
	New Course - This course is a new addition to our course catalog for the 2020-2021 school year.
	Updated Course - This course is an updated version of an existing course.
	Pre-Recorded Video – This course is available as a pre-recorded video on the FACES website. Click #UFLOnline or scan this QR Code to access our website. This course can be requested with facilitation, where a FACES staff member can host a viewing session and pause intermittently to facilitate an interactive discussion.



Parents as Teaching Partners

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
107Va 	100 Ways to Raise a Reader; Part 1 <i>This workshop has been internationally recognized!</i>	CCSD FACES	Children develop a life-long love of reading when they have access to a variety of reading materials and consistently experience creative ways to read. Reading is a family affair! This video answers common parental questions about reading.	Families with students in Grades K-5	Pre-recorded video available 
107Vb 	100 Ways to Raise a Reader; Part 2 High-Frequency Words	CCSD FACES	This second video is a continuation of 100 Ways to Raise a Reader (Part 1). Families are introduced to multiple interactive activities that are personalized to practice reading and writing high-frequency words. These words need to be recognized and produced quickly as they represent some of the most common words students encounter in literacy.	Families with students in Grades K-5	Pre-recorded video available 
122aV 	100 Ways to Raise a Writer (PK-1)	CCSD FACES	Establishing good writing habits and making the act of writing fun (and not a chore) will help your children tremendously on their path to college or career. This hands-on workshop presents some easy ideas to excite your kids about writing on a regular basis.	Families with students in Grades PK-1; Families with children ages three-five	Virtual session for Pre-K Fridays Series  Pre-recorded video available 
123bV 	A Cup of S.T.E.A.M. Science, Technology, Engineering, Arts, and Math	CCSD FACES	What could you do with a cup and other basic materials? Families will be challenged to build and design in the areas of Science, Technology, Engineering, Arts, and Mathematics during this hands-on workshop. <i>Materials: Participants will need paper, crayons/markers, and plastic cup</i>	Families with students in Grades K-5	30-minute virtual session 
203bV 	Alphabet Awareness and Recognition	CCSD FACES	Alphabet awareness and recognition are the foundation to reading. This video shares activities that stretch the imagination, promote problem-solving skills, and help expand a child's vocabulary. Families will gain strategies, websites, literature, and games to use with their children while helping to build and strengthen their academic readiness skills.	Families with children ages three-five	Virtual session for Pre-K Fridays Series  Pre-recorded video available 

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109bV  	Conversations in the Kitchen: Enriching Family Communication	CCSD FACES	Research shows eating family meals together is one of the best ways to improve a child's social-emotional and academic success. Participants will learn how to make the most of their time together by engaging in meaningful conversations around mealtimes.	Families with students in Grades PK-12	Pre-recorded video available 
408	Family Storyteller: From the Beginning (Toddlers)	University of Nevada Extension Partners in Parenting	<i>Family Storyteller: From the Beginning</i> is a four-week parenting program designed for families with toddlers ages 13 to 30 months to encourage and help parents play a vital role in the early literacy development of their children.	Families with children ages one-two and a half (Adults and children attend class together.)	4 weekly 1-hour virtual sessions 
407	Family Storyteller: Interactive Literacy (Preschoolers)	University of Nevada Extension Partners in Parenting	This one-time parenting workshop promotes family literacy and school readiness skills. Families participate in parent-child reading and hands-on activities. Choice of workshop topics include: <ul style="list-style-type: none"> • First Steps to Writing • Fun with Nonfiction • Favorite Fairy Tales • Phonics and Sounds 	Families with children ages three-five (Adults and children attend class together.)	1-hour virtual session 
409	Fun to Play for Preschoolers	University of Nevada Extension Partners in Parenting	A series of eight, interactive workshops for parents and preschool-aged children, designed to encourage positive parent-child interaction through creative play experiences. Parents share unique play experiences with their children, which encourages important foundational skill development and sets the stage for future academic success.	Families with children ages two-five (Adults and children attend class together.)	8 weekly 1-hour virtual sessions 
514 	Help Your Child to Focus on Learning	Nevada PEP	All children struggle with staying on task and finishing their work. This class is full of strategies and provides an understanding of how attention can be a factor in children feeling unsuccessful in school. We will discuss organization challenges and how accommodations can help students develop a routine that keeps them on schedule with homework and long-term assignments. Helping families with new ideas on how to respond to inappropriate behaviors related to attention difficulties gives parents the tools to support student achievement. <i>(This training is geared toward families with children with all disabilities. Nonetheless, the material is accessible to all parents interested in learning about supporting their children.)</i>	Families with students in Grades PK-12	1-hour virtual session 

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523	How is My Child Reading?	Nevada PEP	Families' involvement in their children's education stands out as one of the greatest predictors of growth and well-being for students with disabilities. This workshop provides the building blocks of learning so families can identify the vocabulary used and ask questions to gain a better understanding on how their children are doing in school. When families learn the terms, the conversation between school staff and parents is focused on student achievement. <i>(This training is geared toward families with children with all disabilities. Nonetheless, the material is accessible to all parents interested in learning about supporting their children.)</i>	Families with students in Grades PK-12; Families of children with disabilities	1-hour virtual session 
582 	I Know That Letter!	Race to Read	Learning the letter names is an important skill. The sooner your child can name each letter the sooner he or she will be ready for the next step in learning how to read. In this workshop, parents will learn and practice a quick and simple strategy to help children clear this hurdle.	Families with children ages three-five	30-minute virtual session 
432 	Junior Master Gardener Early Childhood Education: Learn, Grow, Eat, and Go! <i>Available ONLY at FACES Family Engagement Centers (FECs)</i> <i>Register at http://bit.ly/FACESFECS</i>	UNCE Youth Horticulture Education Program	The Junior Master Gardener (JMG) program is an international youth gardening program of the University Cooperative Extension network. JMG engages children and their families in novel, "hands-on" group and individual learning experiences that provide a love of gardening, develop an appreciation for the environment, and cultivate the mind. The JMG Early Childhood Curriculum is designed to engage preschool-aged youth to explore plant parts using hands-on activities, literature in the garden, exercise, and healthful garden-based snacks.	Families with children ages three-five; Families with students in Grades PK-2 (Adults and children attend class together.)	30-minute virtual session each lesson 
318	Language Development at Home and at School <i>It is recommended to offer this presentation in English/Spanish separately, however it can be presented bilingually upon request. Please note that a bilingual presentation would be approximately 1 hour.</i>	CCSD English Language Learner Division	This session will provide parents and caregivers with an understanding of how students are identified as an English language learner based on their language development levels. They will learn the difference between social and academic language and will engage in interactive games to promote academic conversations in everyday interactions.	Families with students in Grades PK-12	30-minute virtual session  Pre-recorded video available 
427	Let's Discover S.T.E.M. Science, Technology, Engineering and Mathematics	University of Nevada Extension Partners in Parenting	Let's Discover S.T.E.M. is a seven-week, parenting program focusing on science, technology, engineering, and mathematics designed for families with preschool-aged children featuring reading and hands-on learning activities. The program aims to help parents create and encourage S.T.E.M.-based activities for children, while building the children's interest and skills in S.T.E.M.	Families with children ages three-five (Adults and children attend class together.)	7 weekly 1.5-hour virtual sessions 

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410	Little Books and Little Cooks	University of Nevada Extension Partners in Parenting	This seven-week program is designed for families with preschoolers to promote healthy eating, family literacy, and positive parent-child interaction while cooking together. Families learn about food safety, <i>My Plate</i> and the five food groups, benefits of cooking with children, helpful tips for dealing with picky eaters, the importance of fruits and vegetables, <i>The Hungry Meter</i> , and new foods from other cultures.	Families with children ages three-five (Adults and children attend class together.)	7 weekly 1.5-hour virtual sessions 
NEW 340	MAP Accelerator for Families Measure of Academic Progress	CCSD Assessment, Accountability, Research, and School Improvement Division (AARSI)	MAP (Measure of Academic Progress) Accelerator is an online resource that provides personalized math lessons for students in grades 3-8. (MAP Accelerator is also available in Spanish.) This video will show you how students can access MAP Accelerator through the CCSD Clever Portal as well as some of the key features of the program.	Families with students in Grades 3-8	Pre-recorded video available 
NEW 131V	Mathematics Matters for Families (Elementary)	CCSD FACES	Mathematics is everywhere, and all students can achieve success with support! This video shares brain-friendly learning strategies, conversation questions, practice websites, math literature, and fun games for elementary families. <ul style="list-style-type: none"> • Part 1: Brain-friendly Strategies • Part 2: Conversation Questions 	Families with students in Grades K-5	Pre-recorded video available 
NEW 339	Navigating Learning from Home <i>It is recommended to offer this presentation in English/Spanish separately, however it can be presented bilingually upon request. Please note that a bilingual presentation would be approximately 1 hour.</i>	CCSD English Learner Division	This session will provide parents/guardians with information and resources available to support academic and social-emotional learning in the home. Information shared includes the structures and systems that will guide full-time distance education, the importance of creating and following a schedule, tips on how to set up a learning conducive environment for your children, student resources offered by CCSD, and ideas for navigating learning from home.	Families with students in Grades PK-12	30-minute virtual session  Pre-recorded video available 
NEW 583	Oh, Those Pesky Sight Words	Race to Read	Sight words make up approximately 75% of the words printed in primary books. Imagine how much easier reading would be if your child could read these words. Some words are just plain pesky making them extra hard to read. Parents will learn and practice a quick and simple strategy to help your child recognize these words in record time.	Families with students in Grades PK-2	30-minute virtual session 
NEW 433	Parenting for School Success	Boys Town	Prepare your child for a successful school experience. Every parent knows getting children back into their school schedule, study habits, and routine can be difficult. How can you set your children up for success at home, in school, and in the community? Join Boys Town to learn more.	Families with students in Grades PK-12; <i>(Adults ONLY)</i>	6 weekly 1-hour virtual sessions 

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317	S.T.E.M. Engineering Adventures Science, Technology, Engineering and Mathematics <i>It is recommended to offer this presentation in English/Spanish separately, however it can be presented bilingually upon request. Please note that a bilingual presentation would be approximately 1 hour.</i>	CCSD English Language Learner Division	This course is designed to spark interest in science, technology, engineering, and mathematics (S.T.E.M.) practices. Parents/guardians will experience an engineering challenge by building a parking garage. Parents/guardians will receive suggestions to engage their families in similar challenges at home. <i>Materials: Participants will need index cards and toy car</i>	Families of students in Grades 3-12	30-minute virtual session 
203V  	Start with a Book (S.W.A.B.) <i>Ongoing at FACES Family Engagement Centers (FECs)</i> <i>Register at http://bit.ly/FACESFECS</i>	CCSD FACES	We will share activities that stretch the imagination, promote problem-solving skills, and help expand a child's vocabulary. Families have fun interacting meaningfully with their children while helping to build and strengthen their academic readiness skills.	Families with children ages three-five (Adults and children attend class together.)	Varies by location 
584 	Teach Me My Name	Race to Read	Children are naturally curious and motivated by their own name. Parents will learn and practice one fun strategy for teaching early letter recognition using the letters in the child's name. Both parent and child should attend together.	Families with children ages three-five	30-minute virtual session 
121V 	The Comprehension Puzzle: Read and Remember	CCSD FACES	How do the pieces of the reading puzzle fit together? Experience interactive ways to increase your child's reading comprehension and develop a life-long love of literacy by focusing on specific strategies to use before, during, and after reading. <i>Materials: Participants will need paper and pencil/pen</i>	Families with students in Grades K-5	30-minute virtual session 
435 	Vegas PBS Peg + Cat Family Engagement Math Workshop Series <i>Available ONLY at FACES Family Engagement Centers (FECs)</i> <i>Register at http://bit.ly/FACESFECS</i>	Vegas PBS Ready to Learn	The Vegas PBS Peg + Cat family engagement workshop series introduces and reinforces early math concepts with families of preschoolers. Peg and Cat are animated characters who use math to solve their problems. Using video clips, books, online games, and hands-on activities, these workshops will help families explore math in entertaining and educational ways! The series includes five, one-hour workshops addressing: <ul style="list-style-type: none"> • Counting • Measurement • Patterns • Shapes • Sorting 	Families with children ages three-five (Adults and children attend class together.)	1-hour virtual sessions 

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557V 	Virtual Family Code Hour	Code Central	Please join us for a virtual Family Code Hour. This is a fun and free event for parents & children in grades 1-5 to experience computer programming for the first time – together. No prior coding experience necessary. Space is limited!	Families with students in Grades 1-5	1.5-hour virtual session 
132V 	Winter Math Activities for Pre-K Families	CCSD FACES	Winter is a cool season for indoor and outdoor math activities. This session shares websites, literature, and games families can use with their preschool-aged children during the winter months and beyond.	Families with children ages three-five	Virtual session for Pre-K Fridays Series 

Navigating the School System

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
103V 	Attendance Matters in Distance Education	CCSD FACES	Attendance is a vital clue about which students may need extra support and how well educational programs are operating. You are cordially invited to a fun game-based virtual workshop regarding the impact and importance of daily school attendance. The CCSD FACES department will provide information regarding the distance education attendance policy and resources available for families. <i>Materials: Participants will need paper and pencil/pen</i>	Families with children in Grades PK-5	30-minute virtual session  Pre-recorded video available 
132Vb 	Canvas LMS: Canvas Observer- Account Registration and Student Pairing	CCSD FACES	In this video, participants (parents/guardians) will learn about observer account registration and how to link students to their account using a student pairing code. <i>(Observer will need a pairing code from the course once the student is enrolled.)</i>	Families with students in Grades PK-12	Pre-recorded video available 
132Vc 	Canvas LMS: Canvas Observer- Canvas Parent App	CCSD FACES	In this video, participants will learn how to use the Canvas Parent app. The steps in this video are for a phone display. Tablet displays mirror the same steps, unless noted. Most of this video was created using an iOS device. Any differences for Android users are noted.	Families with students in Grades PK-12	Pre-recorded video available 
132Vd 	Canvas LMS: Canvas Overview for Observers	CCSD FACES	In this video, participants will learn about Canvas Dashboard and Global Navigation links and the basic course navigation to view assignment details and grades.	Families with students in Grades PK-12	Pre-recorded video available 
132Va 	Canvas LMS: What is Canvas? An Introduction for Parents	CCSD FACES	This session will include a brief introduction to Canvas for parents/guardians, what features can be viewed in Canvas, how to download the parent and student Canvas app, and where to find additional information.	Families with students in Grades PK-12	Pre-recorded video available 
133V 	Chromebook Basics for Families	CCSD FACES	This video will provide parents and students an introduction with Chromebook basics (connecting to Wi-Fi, logging in, caring for Chromebook, and GoGuardian).	Families with students in Grades PK-12	Pre-recorded video available 

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574 	College Prep Tips for the Elementary School Parent	University of Nevada, Las Vegas (UNLV) Early Outreach	This course provides elementary school parents tip on how to: <ul style="list-style-type: none"> • Integrate college and career topics into everyday conversations. • Make college more affordable for their student. • Strengthen their child's executive skills to help prepare them for college and career success. • Allow their student to picture themselves on a college campus. 	Families with students in Grades PK-5	45-minute virtual session 
331 	Discovering Future Opportunities <i>It is recommended to offer this presentation in English/Spanish separately, however it can be presented bilingually upon request. Please note that a bilingual presentation would be approximately 1 hour.</i>	CCSD English Learner Division	<i>Discovering Future Opportunities shares a variety of supports that help accelerate the achievement of academic language. In addition, participants will equip themselves with tools and resources to begin exploring diverse career options for children.</i>	Families of students in Grades 3-12 who are English Language Learners	30-minute virtual session 
134V 	Distance Education: Vocabulary and Terminology	CCSD FACES	This video will provide parents/guardians and caregivers with definitions and explanations for the most commonly used distance education and virtual learning terms.	Families with students in Grades PK-12	Pre-recorded video available 
135V 	Google Classroom Basics for Families	CCSD FACES	This video will provide parents/guardians and students with the basics on how to use Google Classroom during distance education.	Families with students in Grades PK-12	Pre-recorded video available 
136V 	Google Meet Basics for Families	CCSD FACES	This video will provide parents/guardians and students with the basics on how to use Google Meet for distance education.	Families with students in Grades PK-12	Pre-recorded video available 
138V 	How to Login to Clever	CCSD FACES	This instructional video explains how students, their families, teachers, and administrators can login to the Clever Portal to access all their online learning resources.	Families with students in Grades PK-12	Pre-recorded video available 

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
336	Is My Child Gifted or Bright?	CCSD Gifted Education Services	Join us as we learn about the differences between bright and gifted students and how parents can help both to reach their full potential.	Families with students in Grades 3-5	45-minute virtual session 
328	Is Your Child Future Ready?: Exploring Magnet, Select, and Career and Technical Schools	CCSD Magnet Schools and Career and Technical Academies	Parents will learn about the many choice options in CCSD that include magnet programs, Select Schools, and Career and Technical Education opportunities. By participating in one of these programs, students can get a jump start on their future and be college and career ready.	Families with students in Grades PK-12 (Adults and students may attend class together.)	45-minute virtual session 
581 	It's Never Too Early to Save for College	Ascensus representing SSGA UPromise 529 College Savings Program	"College may be expensive, but if you plan ahead, it won't be out of reach. This course helps parents/guardians understand the importance of saving for college. Although it's never too late, the earlier you start, the better. Parents will learn: <ul style="list-style-type: none"> • What's the real cost of college? • What is a 529 college savings account? • Why should I save now, instead of my kid borrowing later? • Who can open a 529 college savings account? • What are some other ways to save now?" 	Families with children ages zero-five; Families with students in Grades PK-12	1-hour virtual session 
342 	MAP Assessment at Home Measure of Academic Progress	CCSD Assessment, Accountability, Research, and School Improvement Division (AARSI)	In this 3 video series, parents/guardians will learn more about the Measure of Academic Progress (MAP) Growth Assessment and how to successfully support a remote testing administration. <ul style="list-style-type: none"> • Video 1: Getting Prepared for MAP Testing at Home • Video 2: Getting Ready for MAP Testing Day • Video 3: What to do on MAP Testing Day 	Families with students in Grades 3-8	Pre-recorded video available 
104Va  	Navigating Infinite Campus Parent Portal Part 1: Logging in and Updating Contact Information	CCSD FACES	This learning session is designed to support families as they navigate the Clark County School District's web-based information system. Participants will learn how to log on and update their contact information to ensure they are receiving communication from their child's school.	Families with students in Grades PK-12	Pre-recorded video available 
104Vb 	Navigating Infinite Campus Parent Portal Part 2: Checking Grades and Finding School Contact Information	CCSD FACES	This learning session is designed to support families as they navigate the Clark County School District's web-based information system. Participants will learn how to check their child's quarter and semester grades and how to find school contact information.	Families with students in Grades PK-12	Pre-recorded video available 
104Vc	Navigating Infinite Campus Parent Portal Part 3: Online	CCSD FACES	This learning session is designed to support families as they navigate the Clark County School District's web-based information system.	Families with students in Grades PK-12	Pre-recorded video available

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	Registration (OLR) for the 2020-2021 School Year		Participants will learn how to register their child for the 2020-2021 school year as part of the Online Registration (OLR) process.		
330	Newcomer Orientation: Exploring CCSD <i>Interpretation may be available in Swahili, Farsi, Arabic, Amharic, Tigrinya, French, Spanish, and Tagalog. Please note that a bilingual presentation would be approximately 1 hour.</i>	CCSD English Language Learner Division	<i>Newcomer Orientation: Exploring CCSD</i> will assist you and your child in making a smooth transition into the school community. Equip yourself with the knowledge necessary to navigate new educational experiences and find out about the supports available to promote the success of your child.	Newcomer families who have recently arrived to the United States	30-minute virtual session 
137V 	Routines, Schedules, and Flexibility	CCSD FACES	This learning session is designed to support families during distance learning. Participants will learn the benefits of daily routines, ways to create daily schedules or checklists, and the importance of flexibility.	Families with students in Grades PK-12	Pre-recorded video available 
573 	The Truth About College	University of Nevada, Las Vegas (UNLV) Early Outreach	This course addressed the reality of the following misconceptions about college: (1) I can't afford to send my child to college, (2) I have a time before my child needs to think about college, (3) a college degree isn't worth it anymore, (4) my child is not college-bound, and (5) I can't talk to my child about college because I didn't go.	Families with students in Grades PK-5	45-minute virtual session 
508  	Understanding Individualized Education Plans (IEP) Virtual Style	Nevada PEP	This class helps families understand how they can have meaningful participation in the IEP process. Learning about procedural safeguards, advocacy tips, and developing relationships with school staff are essential components to improving student success. Parents are an integral part of the IEP team that keep expectations high and identify services that are designed to meet students' unique needs and prepare them for further education. <i>(This training is geared toward families with children with all disabilities.)</i>	Families of students receiving Special Education services	1-hour virtual session 
341 	Understanding the MAP Growth Report Measure of Academic Progress	CCSD Assessment, Accountability, Research, and School Improvement Division (AARSI) and CCSD FACES	In this video, parents and guardians will learn more about the Measure of Academic Progress (MAP) Growth Family Report, including background information on the MAP Growth assessment, how to interpret their child's scores, and ways to use the data to increase growth and achievement.	Families with students in Grades 3-8	Pre-recorded video available 

Involvement, Leadership, and Advocacy

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
502	Bullies, Targets and Bystanders: Responses That Work	Nevada PEP	This workshop helps families understand bullying behavior and provides strategies for parents to address it. Safety plans, IEP accommodations, and disability harassment are discussed to give parents more information. Learning the Nevada regulations and specific steps parents can take when bullying occurs will contribute to schools becoming bully-free environments. <i>(This training is geared toward families with children with all disabilities. Nonetheless, the material is accessible to all parents interested in learning about supporting their children.)</i>	Families with students in Grades PK-12	1-hour virtual session 
553	NetSmartz: Internet Safety	Nevada Child Seekers	This program is from the <i>National Center for Missing and Exploited Children</i> covering all topics of internet safety. Participants will receive information on current trends, dangerous apps, how to recognize online predators, cyberbullying and parenting apps that can be used at home.	Families with children ages zero-five; Families with students in Grades PK-12 <i>(Adults ONLY due to sensitive material)</i>	45-minute – 1-hour virtual session 
421	Screen Time Smarts	University of Nevada Extension Partners in Parenting Program	<i>Screen Time Smarts</i> is a digital media workshop for parents of young children. In today's world of smartphones, tablets, and on-demand services, preschoolers are a technology and media saturated generation. This workshop will highlight recommended screen time guidelines, parental involvement, online safety and tips for choosing educational applications and e-books. It also includes a story time and hands-on iPad activity.	Families with children ages zero-five (Adults and children attend class together.)	1.5-hour virtual session 
552	Shout Out Loud: Mama Bear Edition	Nevada Child Seekers	<i>Shout Out Loud</i> is an abduction prevention presentation. This workshop was created to prepare and educate parents on the reality of predators and child abductors. Topics covered will include tricks used by predators, safety precautions, and how the internet is putting our children and teens at risk.	Families with children ages zero-five; Families with students in Grades PK-12 <i>(Adults ONLY due to sensitive material)</i>	1-hour virtual session 
572 	Six Advocacy Skills that Turn NOs into YESs	Nevada PEP	Parents are experts on their children and know what their children need. Learn how to advocate for your child with these six amazing strategies. <i>(This training is geared toward families with children with all disabilities. Nonetheless, the material is accessible to all parents interested in learning about supporting their children.)</i>	Families with children ages zero-five; Families with students in Grades PK-12	1-hour virtual session 

Promoting Wellness and Development

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
401	ABCs of Parenting <i>Spanish Course 401S Mejoramiento Familiar</i>	Clark County Department of Family Services Parenting Project	This exciting and interactive five-week program for parents of children ages five to ten years old helps parents of school-aged children gain an understanding of their children's development and behavior. Parents learn how to communicate effectively with their children, encourage better behavior, use positive discipline techniques, and teach responsibility. Parents will explore ways to help their children succeed in school, solve problems, manage stress and anger, and talk to their children about drugs, alcohol, and other issues.	Families with students in Grades PK-5 <i>(Adults ONLY)</i>	6 weekly 2-hour virtual sessions <i>(must attend all sessions)</i> 
NEW 575	Basics of Personal Finance	SCE Federal Credit Union	From managing daily expenses to investing for retirement, this session helps participants set personal finance goals, learn the basics of smart money management, and build a solid financial foundation for the future.	Adult family members of CCSD students	1-hour virtual session 
571	Becoming a Legal Permanent Resident	U.S. Citizenship and Immigration Services	This workshop provides an overview of U.S. Citizenship and Immigration Services programs and what options are available to acquire legal permanent resident status (green card) in the U.S.	Adult family members of CCSD students	1-2-hour virtual session 
532	Becoming a U.S. Citizen	U.S. Citizenship and Immigration Services	This workshop provides information on the process of becoming a U.S. Citizen for those who currently have permanent residency status.	Adult family members of CCSD students	1-2-hour virtual session 
201a	Conversational ESL: English as a Second Language (ESL) for Adults <i>Ongoing at FACES Family Engagement Centers (FECs)</i> <i>Register at http://bit.ly/FACESFECS</i>	CCSD FACES	This ongoing virtual course introduces adults to basic structures and vocabulary of the English language through the skills of reading, writing, speaking and listening. Participants learn strategies in order to advance their reading, listening and pronunciation skills. This workshop changes each session and varies weekly at each FACES Virtual Family Center. Free Rosetta Stone licenses are available to participants for additional personalized online learning!	Adult family members of CCSD students	Varies by location 
201c	Conversational Spanish: Spanish as a Second Language for Adults <i>Ongoing at FACES Family Engagement Centers (FECs)</i> <i>Register at http://bit.ly/FACESFECS</i>	CCSD FACES	This ongoing virtual course introduces adults to basic structures and vocabulary of the Spanish language through the skills of reading, writing, speaking and listening. Participants learn strategies in order to advance their reading, listening and pronunciation skills. This workshop changes each session and varies weekly at selected FACES Virtual Family Center. Free Rosetta Stone licenses are available to participants for additional personalized online learning!	Adult family members of CCSD students	Varies by location 

<u>Course Number</u>	<u>Course Name</u>	<u>Presenter</u>	<u>Course Description</u>	<u>Target Audience</u>	<u>Course Length</u>
422	English as a Second Language (ESL) for Adults <i>Please email faces@nv.ccsd.net or call (702)799-0303 to register</i>	College of Sothern Nevada Adult Career and Education Services (ACES)	This course introduces adults to basic structures and vocabulary of the English language through the skills of reading, writing, speaking, and listening. Students learn strategies in order to advance their reading, listening, and pronunciation skills.	Adult family members of CCSD students	Varies by location; virtual and in-person sessions
406	Expanded Food and Nutrition Education Program (EFNEP) <i>Spanish Course 406S Programa Ampliado de Educación sobre Nutrición y Alimentos</i>	University of Nevada Extension	Join the Expanded Food and Nutrition Education Program (EFNEP)/Eating Smart and Being Active classes and learn how to save money and eat healthy! Our eight-lesson class series will teach you to: <ul style="list-style-type: none"> • Save money and plan tasty, healthy meals for your family. • Prepare new recipes and eat more meals at home. • New ways to enjoy fruits and vegetables. • Control portion sizes. • Prepare and store food safely and prevent waste. • Prepare nutritious and delicious recipes. • Be more physically active with your children. 	Adult family members of CCSD students	1.5-hour virtual sessions 2 times a week for 4 weeks 
403	Exploring Safety: A Program for Parents with Young Children	University of Nevada Extension Partners in Parenting Program	Exploring Safety is designed for parents to increase their awareness and knowledge of several child safety/welfare issues. Each session includes free children's books and activities. The six-week program topics include: <ul style="list-style-type: none"> • Lesson 1: Protecting Your Child (Safety Tips). • Lesson 2: Shaken Baby Syndrome/Abusive Head Trauma. • Lesson 3: Body Safety 1 (Body Parts). • Lesson 4: Body Safety 2 (How to Say "No"). • Lesson 5: Stress Management. • Lesson 6: Positive Parenting Guidance. 	Families with children ages zero-five	6 weekly 1.5-hour virtual sessions 
531	Family-Based Immigration: Petitioning for My Relatives	U.S. Citizenship and Immigration Services	This workshop provides information about family-based immigration as well as basics about how the United States immigration system works. It will help families answer the following questions: Can I help my family members come to the U.S.? What do I need to do and how long will it take?	Adult family members of CCSD students	1-2-hour virtual session 
538	Identifying Depression, Anxiety, and Trauma in Children and Adolescents	Family and Child Treatment of Southern Nevada	This course will provide information regarding signs and indicators of depression, anxiety, and trauma specifically in children and adolescents, as well as suggestions for parents on how to respond to and help their children struggling with depression, anxiety, and/or trauma.	Families with students in Grades PK-12 <i>(Adults ONLY)</i>	30-45-minute virtual session 

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540	Importance of Oral Health	LIBERTY Dental Plan of Nevada	Oral health is vital to overall health. The mouth is the window to the whole body. Having good oral hygiene and healthy nutrition is important. Participants will learn the importance of brushing and flossing, what gum disease is, and how to prevent cavities.	Families with children ages zero-five; Families with students in grades PK-5 (Adults and children may attend class together.)	45-minute virtual session 
561	Keeping Your Family Safe from Everyday Health Hazards in the Home	University of Nevada, Las Vegas (UNLV) Nevada Childhood Lead Poisoning Prevention Program	<p>The Nevada Childhood Lead Poisoning Prevention Program will offer an interactive presentation to educate community members about everyday health hazards in the home such as lead hazards, asthma triggers, and preventable injuries.</p> <p>The objective of this course is to promote safer and healthier homes in order to promote students success. Our homes and some of the things we bring into our homes can affect our children's health. For instance, exposure to lead which may be found in homes built before 1978 can lead to difficulties in learning and behavioral problems. Lead can also be found in everyday products we bring into our home. Other hazards can trigger or exacerbate other health conditions and cause preventable injury. Healthier homes mean healthier kids that can go to school ready to learn.</p>	Families with children ages zero-five; Families with students in grades PK-2	1-hour virtual session 
570	New Immigrant Orientation for Legal Permanent Residents and Refugees	U.S. Citizenship and Immigration Services	This workshop provides a brief overview of petitioning for family, becoming a U.S. citizen, your rights and responsibilities, and USCIS tools and resources.	Adult family members of CCSD students	1-2-hour virtual session 
411	Nurturing Parents and Families <i>Spanish Course 411S Criando con Amor</i>	Clark County Department of Family Services Parenting Project	This six-week program, designed for parents of children ages six months to five years-old promotes positive, healthy, and nurturing interactions between parents and their infants, toddlers, and preschool children. Developmental stages of children from infancy through preschool are presented. Parents will learn stress management techniques, how to establish routines and handle anger. Problem-solving techniques and appropriate behavior management methods are presented and practiced.	Families with children ages six months–five years <i>(Adults ONLY)</i>	6 weekly 2-hour virtual sessions <i>(must attend all sessions)</i> 
434 	Parenting During COVID-19	Clark County Department of Family Services Parenting Project	Children who grow up in positive, nurturing, and safe environments with clear limits and boundaries are more likely to succeed in school and have positive relationships with others. Parents will feel more competent and confident in their parenting role during COVID-19.	Families with children ages zero-five; Families with students in grades PK-12 <i>(Adults ONLY)</i>	1.5-hour virtual session 

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424	Raising Confident, Competent Children (A Triple P Seminar) <i>Spanish Course 424S Criando Niños Seguros y Competentes</i>	Clark County Department of Family Services Parenting Project	This seminar focuses on teaching children skills and values. Parents learn how respect, developing communication skills, promoting healthy self-esteem, learning to solve problems, and supporting independence contribute to the positive development of their children.	Families with children ages two-eleven	1.5-hour virtual session 
425	Raising Resilient Children (A Triple P Seminar) <i>Spanish Course 425S Criando Niños Resilientes</i>	Clark County Department of Family Services Parenting Project	In this session, parents learn to help their children cope with emotions and stress. Helping children develop emotional resilience, recognize and appropriately express feelings, and develop coping skills are key discussion topics.	Families with children ages two-eleven	1.5-hour virtual session 
338 	School Meals During the Pandemic	CCSD Food Service	Participants will witness a behind-the-scenes look at the changes that have been made to the distribution of school meals since the pandemic started. This course also discusses the healthy meals we offer students and the importance of these necessary nutrients on children/teen health.	Families with students in Grades PK-12	45-minute virtual session 
416	Stepping Stones Triple P <i>Spanish Course 416S Stepping Stones Triple P en Español</i>	Clark County Department of Family Services Parenting Project	The <i>Stepping Stones Triple P-Positive Parenting Program</i> provides parents who have a child with a disability with the skills and tools to promote positive behaviors and deal with misbehavior that can make a positive difference in family life.	Families with children ages two-eleven who have a disability	8 weekly 2-hour virtual sessions <i>(must attend all sessions)</i> 
551	The Impact of the Games We Play	Nevada Council on Problem Gambling	Las Vegas is the gaming entertainment capital of the world, with opportunities to gamble on every corner, and one of the highest prevalence rates of problem gambling in the nation. Video games are now the fastest-growing entertainment media, generating more sales than the movie and music industry combined, and not surprisingly, video gaming addiction is on the rise for both youth and adults. This seminar will discuss the difference between healthy recreation and problematic gambling/gaming, make parents and children aware of the signs and symptoms of gambling/gaming addiction, and shed light on the impact of these problems on adults, children, and the family as a whole. Participants will be provided information on available, community resources for individuals and their family members who are dealing with a gambling or a gaming problem.	Adult family members of CCSD students	1.5-hour virtual session 

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423	The Power of Positive Parenting (A Triple P Seminar) <i>Spanish Course 423S El Poder de la Crianza Positiva</i>	Clark County Department of Family Services Parenting Project	In this seminar, parents learn the five principles of positive parenting, why these principles promote child development, and how they impact children's behavior. Parents who use the skills will feel more confident and competent and will have less conflict with their children.	Families with children ages two-eleven <i>(Adults ONLY)</i>	1.5-hour virtual session 
413	Triple P: Positive Parenting Program <i>Spanish Course 413S Programa de Padres Positivos</i>	Clark County Department of Family Services Parenting Project	The <i>Triple P Positive Parenting Program</i> helps parents with children ages two to eleven manage difficult behavior problems. <i>Triple P</i> suggests simple routines and small changes that can make a big difference in families. It helps parents understand the way their family works and helps create a more stable, supportive, and harmonious family. In this eight-session program, parents learn to deal positively, consistently, and decisively with problem behaviors and build positive relationships with their children so that conflict is resolved.	Families with children ages two-eleven	8 weekly 2-hour virtual sessions <i>(must attend all sessions)</i> 